Alabama Hustle



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Jan Brookfield (UK)

Musik: Re-Invent The Wheel - Alabama



WALK, WALK, COASTER, WALK, WALK, SIDE-ROCK-CROSS

1-2 Walk forward on right, left

3&4 Step back on right, step left next to right, step right forward

5-6 Walk forward on left, right

7&8 Step left to side, rock onto right, step left across in front of right

STEP, HEEL SWIVELS WITH TURNS, KICK

9-10 Step right to side, keeping weight on right swivel both heels to right

You will be facing 9:00, quarter left from original wall

11&12 Transfer weight to left, swivel both heels left - right - left making half turn right

& Low kick right forward

You will now be facing 3:00, quarter right from original wall

COASTER, HIP ROCKS

13&14 Step back on right, step left next to right, step right forward

Touch left toe forward, rocking hips forward & back
Touch left toe back, rocking hips back & forward

Weight remains on right

STEP, TOUCH, TWO HALF TURN SHUFFLES TRAVELING BACK, COASTER

17-18 Step forward on left, touch right toes next to left

Making half turn over right shoulder, shuffle back on right, left, right

21&22 Making another half turn over right shoulder, shuffle back on left, right, left

23&24 Step back on right, step left next to right, step right forward

POINT, CROSS, TOUCH OUT-FORWARD-OUT-BEHIND

25-26 Touch left toes to side, step left across in front of right

Touch right toes out to side, then touch forward in front of left
Touch right toes out to side, then touch back behind left

STEP, TOUCH, FULL TURNING SHUFFLE

29-30 Step right to side, touch left toes next to right

31&32 Shuffle on left, right, left making a full turn over left shoulder Dancers who dislike fast turns may prefer to do a shuffle left, right, left on the spot

REPEAT