

Air Mail

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: William Sevone (UK)

Musik: The Letter - The Box Tops



This dance is the first 32 counts of my 48-count dance "Dizzy Lizzy".

STEP FORWARD, PIVOT ½ LEFT, HEEL-TOGETHER-CROSS, SIDE ROCK, ROCK ½ LEFT CHASSE RIGHT, (12:00)

- 1-2 Step forward onto right foot, pivot ½ left (weight on the left foot)
- 3&4 Touch right heel forward, step right foot next to left, cross step left foot over right
- 5-6 Rock right foot to right side, rock onto left foot
- 7&8 Turn ½ left & step right foot to right side, step left foot next to right, step right foot to right side

ROCK BEHIND, ROCK, CHASSE LEFT, ½ RIGHT SIDE STEP, ¼ RIGHT STEP FORWARD SHUFFLE FORWARD, (9:00)

- 9-10 Cross rock left foot behind right, rock onto right foot
- 11&12 Step left foot to left side, step right foot next to left, step left foot to left side
- 13-14 Turn ½ right & step right foot to right side, turn ¼ right & step left foot forward
- 15&16 Step forward onto right foot, close left foot next to right, step forward onto right foot

STEP FORWARD, PIVOT ½ RIGHT, HEEL-TOGETHER-CROSS, STEP BACKWARD, SIDE STEP SHUFFLE FORWARD, (3:00)

- 17-18 Step forward onto left foot, pivot ½ right (weight on right foot)
- 19&20 Touch left heel forward, step left foot next to right, cross step right foot over left
- 21-22 Step backward onto left foot, step right foot to right side
- 23&24 Step forward onto left foot, close right foot next to left, step forward onto left foot

¼ LEFT SIDE ROCK, ROCK, TRIPLE STEP 1 AND A ¼ TURNS RIGHT, WALK FORWARD: LEFT-RIGHT, KICK-TOGETHER-BACK TOUCH, (3:00)

- 25-26 Turn ¼ left & rock right foot to right side, rock onto left foot
- 27&28 (On the spot) triple step one full turn and a quarter right stepping right, left-right
- 29-30 Walk forward: left foot, right foot
- 31&32 Kick left foot forward, step left foot next to right, touch right toe backward

REPEAT

TAG

Option 1

- 1-4 Step forward onto right foot, pivot ½ right (weight on left foot)

REPEAT

Option 2

- 1-4 Rock forward onto right foot, rock onto left

REPEAT

DANCE FINISH

The dance will finish facing the 'home' wall on count 24 of the 8th wall. To add a flourish after count 24, walk forward onto right foot, stomp or step left foot next to right with (optional) right hand on hat brim and left hand behind back.