

Ain't Your Mama

Count: 32

Wand: 4

Ebene: Improver social cha

Choreograf/in: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

Musik: I Ain't Your Mama - Amber Dotson



HEEL TOUCH-CROSS, HEEL-STEP-STEP, FORWARD STEP, ½ TURN TO THE LEFT, FORWARD SHUFFLE

- 1-2 Touch right heel forward, cross right instep in front of left
- 3&4 Touch right heel forward, step right next to left, step left forward
- 5-6 Step forward on right, step left making ½ turn to the left
- 7&8 Shuffle forward right, left, right

HEEL TOUCH - CROSS, HEEL-STEP-STEP, FORWARD STEP, ¼ TURN TO THE RIGHT, CROSS SHUFFLE

- 1-2 Touch left heel forward, cross left instep in front of right
- 3&4 Touch left heel forward, step left next to right, step right forward
- 5-6 Step forward on left, step right making ¼ turn to the right
- 7&8 Cross left over right, step right quickly to right side, cross left over right

¾ TURN TO THE RIGHT, COASTER STEP, FORWARD STEP, ½ TURN TO THE RIGHT, TURNING SHUFFLE ½ TO THE RIGHT

- 1-2 Step right making ¼ turn to the right, step back on left making ½ turn to the right
- 3&4 Step back on right, step back on left, step forward on right
- 5-6 Step forward on left, step right making ½ turn to the right
- 7&8 Step left making ¼ turn to the right, step right making ¼ turn to the right, step back on left

ROCK STEP, RECOVER STEP, SHUFFLE TURNING ¼ TO THE LEFT, ¼ TURNS TO THE LEFT, FORWARD SHUFFLE

- 1-2 Rock back on right, recover on left
- 3&4 Step right making ¼ turn to the left, step left quickly next to right, step right to right side
- 5-6 Step back on left making ¼ turn to the left, step forward on right making ¼ turn to the left
- 7&8 Shuffle forward left, right, left

REPEAT
