

Ain't No Limit

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Anne Harris (UK)

Musik: If You Love Somebody - Kevin Sharp



RIGHT SCISSORS; TRIPLE ½ TURN RIGHT; REPEAT

- 1&2 Right step to right side, left close beside right, right cross over left
3&4 Stepping left, right, left make ½ turn right
5&6 Right step to right side, left close beside right, right cross over left
7&8 Stepping left, right, left make ½ turn right

RIGHT SHUFFLE; ¼ SIDE SHUFFLE; BEHIND, TURN, STEP; & STEP; RIGHT SHUFFLE

- 1&2 Step right forward, left instep close to right heel, step right forward
3&4 Making ¼ turn right step left to left side, right close beside left, left to left side
5&6 Right cross behind left, making ¼ turn left step forward on to left, step right forward
&7&8 Step left forward, step right forward, left instep to right heel, step right forward

STEP, ½ TURN, STEP; CROSS, ¼ TURN, SIDE; SIDE, BEHIND, SIDE; & FRONT SIDE, BEHIND, SIDE

- 1&2 Step left forward, pivot ½ turn right, step left forward
3&4 Right cross over left, left step back making ¼ turn right, right step to right
5&6 Left step to left side, right cross behind left, left to left side
&7&8 Right cross over left, left to left side, right behind left, left to left side

RIGHT CROSS ROCK, RECOVER, SIDE; LEFT CROSS ROCK, RECOVER, SIDE; CROSS, BACK, HEEL; & CROSS & CROSS

- 1&2 Right rock across front of left, recover weight on to left, right step to right side
3&4 Left rock across front of right, recover weight on to right, left step to left side
5&6 Right cross over left, step left back, right heel touch forward on right diagonal
&7&8 Step right back, left cross in front of right, right step to right side, left cross in front of right

REPEAT

RESTART

After the end of wall one do the first 8 counts of the dance and then re-start from the beginning again. (i.e. First 8 counts twice)

FINISH

You will start the dance for the final time facing the 9:00 wall. Do the scissors and then make the triple turn a ¼ turn which will leave you facing the front for a big flourish.