

# Ain't No Limit

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Anne Harris (UK)

Musik: If You Love Somebody - Kevin Sharp



## **RIGHT SCISSORS; TRIPLE ½ TURN RIGHT; REPEAT**

- 1&2 Right step to right side, left close beside right, right cross over left
- 3&4 Stepping left, right, left make ½ turn right
- 5&6 Right step to right side, left close beside right, right cross over left
- 7&8 Stepping left, right, left make ½ turn right

## **RIGHT SHUFFLE; ¼ SIDE SHUFFLE; BEHIND, TURN, STEP; & STEP; RIGHT SHUFFLE**

- 1&2 Step right forward, left instep close to right heel, step right forward
- 3&4 Making ¼ turn right step left to left side, right close beside left, left to left side
- 5&6 Right cross behind left, making ¼ turn left step forward on to left, step right forward
- &7&8 Step left forward, step right forward, left instep to right heel, step right forward

## **STEP, ½ TURN, STEP; CROSS, ¼ TURN, SIDE; SIDE, BEHIND, SIDE; & FRONT SIDE, BEHIND, SIDE**

- 1&2 Step left forward, pivot ½ turn right, step left forward
- 3&4 Right cross over left, left step back making ¼ turn right, right step to right
- 5&6 Left step to left side, right cross behind left, left to left side
- &7&8 Right cross over left, left to left side, right behind left, left to left side

## **RIGHT CROSS ROCK, RECOVER, SIDE; LEFT CROSS ROCK, RECOVER, SIDE; CROSS, BACK, HEEL; & CROSS & CROSS**

- 1&2 Right rock across front of left, recover weight on to left, right step to right side
- 3&4 Left rock across front of right, recover weight on to right, left step to left side
- 5&6 Right cross over left, step left back, right heel touch forward on right diagonal
- &7&8 Step right back, left cross in front of right, right step to right side, left cross in front of right

## **REPEAT**

## **RESTART**

After the end of wall one do the first 8 counts of the dance and then re-start from the beginning again. (i.e. First 8 counts twice)

## **FINISH**

You will start the dance for the final time facing the 9:00 wall. Do the scissors and then make the triple turn a ¼ turn which will leave you facing the front for a big flourish.