

# Always There

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Irene Groundwater (CAN)

Musik: Always There (Rumba / 26 BPM) - Ross Mitchell, His Band and Singers



## **SIDE, ROCK BACK, REPLACE, SIDE STEP**

- 1-2 Side step left, rock back on right ball  
3-4 Replace weight on left, side step right

## **DRAG, CROSS WITH ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, FORWARD**

- 5-6 Drag left towards right, left crosses over right turning body ¼ turn right  
7-8 Pivot ½ turn right onto right, left forward

## **DRAG, FORWARD, PIVOT ½ TURN LEFT, FORWARD**

- 9-10 Drag right towards left, right forward  
11-12 Pivot ½ turn left onto left, right forward

## **PIVOT ¼ TURN LEFT, DRAG, TWO TOE TOUCHES**

- 13-14 Pivot ¼ turn left on right ball, drag left beside right  
15-16 Touch left toe twice in front of right foot facing left

### **Option**

- 14-16 Execute a body ripple or forward body roll

## **HOLD, FORWARD, ROCK BACK, ROCK FORWARD**

- 17-18 Hold, left forward  
19-20 Rock back on right, rock forward on left

### **Option**

- 18 Raise left hip up  
19 Lower left hip  
20 Raise left hip

## **DRAG, FORWARD, ROCK BACK, ROCK FORWARD**

- 21-22 Drag right towards left, right forward  
23-24 Rock back on left, rock forward on right

### **Option**

- 22 Raise right hip up  
23 Lower right hip  
24 Raise right hip

## **DRAG, FORWARD, FORWARD, PIVOT ½ TURN LEFT**

- 25-26 Drag left towards right, left forward  
27-28 Right forward, pivot ½ turn left onto left foot

## **DRAG, FORWARD, SIDE, TOGETHER**

- 29-30 Drag right towards left, right forward  
31-32 Side step left, step right beside left

## **REPEAT**

Dedicated to Vicky McCulloch and her special girls from Victoria, B.C. whose moves inspired the options in this dance