

Are You?

Count: 60

Wand: 4

Ebene: Intermediate

Choreograf/in: Larry Majors (USA) & Altie Majors (USA)

Musik: Are You Jimmy Ray? - Jimmy Ray



FOUR HIP-WALKS FORWARD LEFT-RIGHT-LEFT-RIGHT

- 1&2 Step forward on left foot at left angle and swing hips (left, right, left)
3&4 Step forward on right foot at right angle and swing hips (right, left, right)
5-8 Repeat at left angle and right angle

ROCK STEP FORWARD LEFT - ROCK BACK RIGHT & SHUFFLE BACKWARD LEFT RIGHT LEFT

- 1-2 Step forward on left foot-rock back on right
3&4 Shuffle backwards left, right, left

ROCK STEP BACKWARDS RIGHT-ROCK FORWARD ON LEFT & SHUFFLE IN PLACE RIGHT LEFT RIGHT

- 5-6 Step backwards on right foot-rock forward on left
7&8 Step home right, left, right

SIDE WALK TO RIGHT-HEEL TOUCHES-CHA, CHA, CHA

- 1-4 Make $\frac{1}{4}$ turn right and cross walk left right left right (step left over right, step right over left etc.)
5-6 Touch left heel forward a left angle twice
7&8 Step left foot home while turning $\frac{1}{4}$ turn to left (you will be facing beginning wall) step right, left

SIDE WALK TO LEFT - HEEL TOUCHES, CHA, CHA, CHA

- 1-4 Make $\frac{1}{4}$ turn left as you step right foot to the left and crosswalk left-right-left
5-6 Touch right heel forward twice
7&8 Step right foot home while turning $\frac{1}{4}$ turn to right (you will be facing beginning wall) step left, right

CROSS-UNWIND-HIP BUMPS

- 1-2 Cross left leg over right-unwind $\frac{1}{2}$ turn to the right (you will be facing rear wall)
3&4 Bump hips right-center-left (these are fast bumps) - butt thing!!
5-6 Cross left leg over right-unwind $\frac{1}{2}$ turn to the right (you will be facing beginning wall)
7&8 Bump hips right-center-left (these are fast bumps) - butt thing!!

LEG SWEEPS-WITH ATTITUDE & BODY BUMPS

- 1-4 Sweep left foot out in a counter clock wise circular motion-ending with left foot next to right-place weight to left foot
5-8 Sweep right foot out in a clock wise circular motion, ending with right foot next to left-weight on both feet

HOP BACK-CROSS UNWIND-HIP WIGGLES

- 1-2 Hop backwards twice
3-4 Cross left foot over right unwind $\frac{1}{2}$ turn to right
5-6 Push hips left-right - while rolling shoulders back left then right
7&8 Push hips left, right, left - while rolling shoulders left, right, left

KICK-CROSS- $\frac{1}{4}$ TURN-WALK-WALK

1-2 Make $\frac{1}{4}$ turn left as you kick your left foot out to the side-cross left over right knee (you will be facing a new wall)

3-4 Walk forward left-right

REPEAT
