

# Bare Essentials

Count: 64

Wand: 4

Ebene:

Choreograf/in: Ally Crabtree (AUS)

Musik: Bare Essentials - Lee Kernaghan



- 1-3 Swivel right heel right, swivel right toes right, swivel right heel center  
4 Touch left toes beside right instep  
5-6 Step left turning  $\frac{1}{4}$  left, touch right toes beside left instep  
7-8 Step right turning  $\frac{1}{4}$  right, step left beside right instep
- 9-11 Swivel left heel left, swivel left toes left, swivel left heel center  
12 Touch right toes beside left instep  
13-14 Step right turning  $\frac{1}{4}$  right, touch left toes beside right instep  
15-16 Step left turning  $\frac{1}{4}$  left, touch right toes beside left instep
- 17-18 Kick right heel forward at a diagonal step right behind left  
19-20 Kick left heel forward at a diagonal, step left behind right  
21-22 Kick right heel forward at a diagonal, step right behind left  
23-24 Kick left heel forward at a diagonal, step left behind right
- 25&26 Shuffle right forward (right, left, right)  
27-28 Step left forward, pivot  $\frac{1}{2}$  turn right  
29&30 Shuffle left forward (left, right, left)  
31-32 Step right forward, pivot turn  $\frac{1}{4}$  left
- 33-34 Touch right heel forward at a diagonal, brush right up to right knee  
35-36 Touch right heel forward at a diagonal, step right beside left  
37-38 Touch left heel forward at a diagonal, brush left up to left knee  
39-40 Touch left heel forward at a diagonal, step left beside right
- 41-42 Jump with feet apart, jump crossing right over left  
43-44 Unwind turn  $\frac{1}{2}$  left, clap  
45-46 Jump with feet apart, jump crossing left over right  
47-48 Unwind  $\frac{1}{2}$  turn right, clap
- 49-50 Touch right to right, step right behind left turning  $\frac{1}{2}$  right  
51-52 Touch left toe to left, step left beside right  
53-54 Touch right to right, step right behind left turning  $\frac{1}{2}$  right  
55-56 Touch left to left, step left beside right
- 57 Swivel left heel and right toes right (commencing  $\frac{1}{2}$  turn right)  
58 Swivel right heel and left toes right (continuing  $\frac{1}{2}$  turn right)  
59 Swivel left heel and right toes right (continuing  $\frac{1}{2}$  turn right)  
60 Swivel right heel and left toes right (continuing  $\frac{1}{2}$  turn right)  
61 Swivel left heel and right toes right (continuing  $\frac{1}{2}$  turn right)  
62 Swivel right heel and left toes right (continuing  $\frac{1}{2}$  turn right)  
63 Swivel left heel and right toes right (continuing  $\frac{1}{2}$  turn right)  
64 Swivel right heel and left toes to center (completing turn  $\frac{1}{2}$  right)

**REPEAT**

