

# Bang

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Pam Peterson (USA)

Musik: Bang the Drum All Day - Todd Rundgren



## **TOE, HEEL, CROSS & CROSS, SIDE ROCK TOGETHER TWICE**

- 1-2 Touch right toe in towards instep of left foot, tap right heel in front
- 3&4 Cross right over left, step on left, cross right over left
- 5&6 Rock left to left side, step on right in place, step left beside right
- 7&8 Rock right to right side, step on left in place, step right beside left

## **TOE, HEEL, CROSS & CROSS, SIDE ROCK TOGETHER TWICE**

- 1-2 Touch left toe in towards instep of right foot, tap left heel in front
- 3&4 Cross left over right step on right, cross left over right
- 5&6 Rock right to right side, step on left in place, step right beside left
- 7&8 Rock left to left side, step on right in place, step left beside right

## **SHUFFLE FORWARD, ½ TURN SHUFFLE, ½ TURN SHUFFLE, SHUFFLE**

- 1&2 Shuffle forward right, left, right
- 3&4 ½ turn shuffle left, right, left (over right shoulder)
- 5&6 ½ turn shuffle right, left, right (over right shoulder)
- 7&8 Shuffle forward left, right, left

## **CROSS, KICK WITH ¼ TURN RIGHT, SAILOR SHUFFLE, CROSS, KICK WITH ¼ TURN LEFT, SAILOR SHUFFLE**

- 1-2 (Crossing right over left) touch right toe, kick right forward, turning ¼ to right
- 3&4 Right behind left, step left, step right
- 5-6 (Crossing left over right) touch left toe, kick left forward, turning ¼ to left
- 7&8 Left behind right, step right, step left

## **SAILOR SHUFFLES TWICE, KICK FORWARD TWICE, MODIFIED JAZZ BOX**

- 1&2 Right behind left, step on left, step on right
- 3&4 Left behind right, step on right, step on left
- 5-6 Kick right forward twice
- 7&8 Cross right over left, step back on left, step on right (turning ¼ to right)

## **STOMP, HOLD, SHUFFLE, STOMP, HOLD, STEP, STEP**

- 1-2 Stomp left, hold
- 3&4 Shuffle right, left, right
- 5-6 Stomp left, hold
- 7-8 Step right, step left

**REPEAT**

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