

# Bang!

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Phil Austin (UK)

Musik: She Bangs - Ricky Martin



## **& JUMP, CLAP, BACK-LOCK-BACK, SIDE, ROCK, RECOVER, ¼ TURN**

- &1-2 Jump right foot forward, jump left foot together, clap hands (weight on right foot)  
3&4 Step back left foot, cross right foot over left, step back left foot  
5-6 Step right foot to right side, cross rock left foot over right  
7-8 Recover weight onto right foot, step left foot to left side with ¼ turn left

## **STEP, LOCK, STEP-LOCK-STEP, CROSS, SWEEP, CROSS, BACK, STEP**

- 1-2 Step forward right foot, lock left foot behind right foot  
3&4 Step right foot forward, lock left foot behind right foot, step right foot forward  
5-6 Cross left foot over right foot, sweep right foot round to front of left foot  
7&8 Cross step right over left foot, step back on left foot, step right foot next to left foot

## **STEP ½ PIVOT, STEP, FLICK, STEP ½ PIVOT, STEP, FLICK**

- 1-2 Step forward left foot, pivot ½ turn over right shoulder  
3-4 Step forward left foot, flick right foot behind left foot and click fingers above head  
5-6 Step forward right foot, pivot ½ turn over left shoulder  
7-8 Step forward right foot, flick left foot behind right foot and click fingers above head

## **STEP, BUMP, HOLD BUMP, HOLD, BUMP, BUMP, BUMP TOUCH**

- 1-2 Step left foot shoulder width apart from right foot, bump hips to left  
3-4 Hold, bump hips to right  
5-6 Hold, bump hips to left  
7-8 Bump hips to right, bump hips to left and touch right toe next to left foot

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, SIDE SHUFFLE**

- 1-2 Rock right foot to right side, recover weight onto left foot  
3&4 Cross right foot over left foot, step left foot next to right foot, cross right foot over left foot  
5-6 Rock left foot to left side, recover weight onto right foot  
7&8 Step left foot to left side, step right foot next to left foot, step left foot to left side

## **BACK SHOULDER ROLL TWICE, COASTER STEP, STEP ½ TURN**

- 1-2 Step back on right foot, roll right shoulder backwards

**This can be turned into a body roll with practice!**

- 3-4 Step back on left foot, roll left shoulder backwards

**This can also be turned into a body roll!**

- 5&6 Step back right foot, step left foot next to right foot, step forward right foot  
7-8 Step forward left foot, pivot ½ turn over right shoulder

## **POINT, HOLD, POINT, HOLD, SYNCOPATED POINTS, ¼ TURN**

- 1-2 Point left toe to left side, hold  
&3-4 Step left foot next to right, point right toe to right side, hold  
&5&6 Step right foot next to left, point left toe to left side, step left foot next to right, point right toe to right side  
&7-8 Step right foot next to left, point left foot to left side, pivot ¼ turn to left placing weight on left

## **ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, MAMBO STEP**

- 1-2 Rock right foot forward, recover weight onto left foot

3&4            Make a ½ turn over right shoulder stepping right, left, right  
5-6            Rock forward left foot, recover weight onto right foot  
7&8            Rock back on left foot, recover weight onto right foot, step left foot next to right foot

**REPEAT**

This dance is supposed to be done with attitude, so emphasize the bumps and the shoulder rolls.

**RESTART**

The restart comes on the third wall only. After counts 33-40, start again.

**TAG 1**

At the end of the sixth wall, repeat steps 57-64.

**TAG 2**

On the seventh wall, after steps 25-32, roll hips for four counts. You can also hear this in the music!

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