

# Bahama Mama

Count: 32

Wand: 4

Ebene: Intermediate cha cha

Choreograf/in: Max Perry (USA)

Musik: Bahama Mama - Boney M.



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## **SIDE, TOGETHER, FORWARD, CHA-CHA LOCK FORWARD**

- 1-2-3 Step left to left side, step right next to left, step left forward  
4&5 Step right forward, step left up to and behind right (5th), step right forward

## **½ TURN RIGHT, SYNCOPATED QUICK ½ TURN RIGHT**

- 6-7 Step left forward & turn ½ right, step right in place  
8& Step left forward & turn ½ right, step right in place

## **STEP FORWARD, ROCK FORWARD, TURN ¼ RIGHT & CHA-CHA SIDE**

- 1-2-3 Step left forward, rock right forward, shift weight to left foot & turn ¼ right  
4& Step right to right side, step left next to right

## **STEP SIDE & TURN ¼ RIGHT, SYNCOPATED FORWARD, SLIDE TOGETHERS (CHA-CHA TERRACES)**

- 5-6-7 Step right to right side & turn ¼ right, step left forward, step right up to & behind left in 3rd position  
8& Step left forward, step right up to & behind left in 3rd position  
1-2-3 Step left forward, step right up to & behind left in 3rd position, step left forward  
4&5 Step right up to & behind left in 3rd position, step left forward, step right up to & behind left in 3rd position

## **FORWARD ROCK STEP, ¼ TURN LEFT & STEP SIDE & POINT**

- 6-7 Rock left forward, step right in place  
&8 Quickly turn ¼ left & step left to left side (&), touch (point) right toe to right side

## **STEP, CROSS OVER ROCK, CHA-CHA SIDE, WALK AROUND TURN**

- 1-2-3 Place weight onto right foot, turn ¼ right and rock left forward, step right in place turning ¼ left  
4&5 Step left to left side, step right next to left, step left to left side turning ¼ left  
6-7-8 Step right forward turning ½ left, step left in place turning ¼ left, step right next to left

**REPEAT**

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