

# Bad Day

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Gary Steele (UK)

Musik: Bad Day - Daniel Powter



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## **SIDE, CROSS ROCK, AND CROSS UNWIND ½, SIDE ROCK CROSS AND CROSS**

- 1-3 Step left to left side, cross rock right over left, recover weight onto left
- &4 Step right foot in place, cross left over right
- 5 Unwind ½ turn over right shoulder
- 6&7 Rock right out to right side, recover weight onto left, cross right over left
- &8 Step left in place, cross right over left

## **AND POINT FORWARD, SIDE, CHASSE RIGHT, SAILOR STEP, CROSSING SHUFFLE**

- &1-2 Step left in place, point right foot forward, right side
- 3&4 Right side together side
- 5&6 Left sailor step
- 7&8 Right crossing shuffle

## **¼ STEP KICK, CROSS BACK CROSS, COASTER STEP, FORWARD ROCK RECOVER ½ TURN STEP**

- 1-2 Step left forward making a ¼ turn left, kick right foot forward
- 3&4 Cross right over left, step left back, cross right over left
- 5&6 Left coaster step
- 7&8 Rock forward on right foot, recover onto left, step forward right making ½ turn right

## **2 WALKS FULL TURN RIGHT, MAMBO FORWARD LEFT, WALK BACK RIGHT LEFT, COASTER STEP**

- 1-2 Making a full turn right, step left ½ turn, right ½ turn
- 3&4 Mambo forward on the left
- 5-6 Walk back right, left
- 7&8 Right coaster step

## **REPEAT**

## **RESTART**

On 7th wall repeat the dance up to count 5. Keep weight on right foot and restart the dance from here.

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