Back To Front



Count: 64 Wand: 1 Ebene: Intermediate

Choreograf/in: Gary Lafferty (UK)

Musik: Today I Started Loving You Again - Buddy Jewell & Miranda Lambert



Start the dance facing the back wall

SIDE, BEHIND, SIDE-ROCK & CROSS; SIDE, BEHIND, & CROSS, STEP

1-2 Step to left on left foot, cross-step right foot behind left

Rock to left on left foot, recover weight onto right foot, cross-step left foot over right 5-6&
Step to right on right foot, cross-step left foot behind right, step to right on right foot

7-8 Cross-step left foot over right, step to right on right foot

ROCK BACK, RECOVER, TRIPLE 1/2 TURN; ROCK BACK, RECOVER, SKATE, SKATE

1-2	Rock back on left foot, recover weight onto right foot
3&4	Triple forward making ½ turn right, stepping left-right-left
5-6	Rock back on right foot, recover weight onto left foot
7-8	Skate right foot forward, skate left foot forward

RIGHT SHUFFLE, ROCK FORWARD, RECOVER; TRIPLE FULL-TURN, ROCK FORWARD, RECOVER

1&2 Right shuffle forward

3-4 Rock forward on left foot, recover weight back onto right foot 5&6 Triple full-turn over left shoulder, in place, stepping left-right-left

Easier option - left coaster step

7-8 Rock forward on right foot, recover weight back onto left foot

SWEEP BACK, SWEEP BACK, RIGHT SHUFFLE BACK; TRIPLE ½ TURN, STEP FORWARD, ½ TURN

1-2 Sweep right foot out to side then step back on right foot, sweep left foot out to side then step

back on left

3&4 Right shuffle back

5&6 Shuffle back making ½ turn over left shoulder, stepping left-right-left

7-8 Step forward on right foot, pivot ½ turn to left

If you started the dance facing the back, you should now be facing the front wall at this point. The second half of the dance is a mirror image of the first 32 counts - same steps, opposite feet

SIDE, BEHIND, SIDE-ROCK & CROSS; SIDE, BEHIND, & CROSS, STEP

1-2 Step to right on right foot, cross-step left foot behind right

Rock to right on right foot, recover weight onto left foot, cross-step right foot over left

5-6& Step to left on left foot, cross-step right foot behind left, step to left on left foot

7-8 Cross-step right foot over left, step to left on left foot

ROCK BACK, RECOVER, TRIPLE 1/2 TURN; ROCK BACK, RECOVER, SKATE, SKATE

1-2	Rock back on right foot, recover weight onto left foot
3&4	Triple forward making ½ turn left, stepping right-left-right
5-6	Rock back on left foot, recover weight onto right foot
7-8	Skate left foot forward, skate right foot forward

LEFT SHUFFLE, ROCK FORWARD, RECOVER; TRIPLE FULL-TURN, ROCK FORWARD, RECOVER

1&2 Left shuffle forward

3-4 Rock forward on right foot, recover weight back onto left foot 5&6 Triple full-turn over right shoulder, in place, stepping right-left-right

Easier option - right coaster step

7-8 Rock forward on left foot, recover weight back onto right foot

SWEEP BACK, SWEEP BACK, LEFT SHUFFLE BACK; TRIPLE ½ TURN, STEP FORWARD, ½ TURN

1-2 Sweep left foot out to side then step back on left foot, sweep right foot out to side then step

back on right

3&4 Left shuffle back

5&6 Shuffle back making ½ turn over right shoulder, stepping right-left-right

7-8 Step forward on left foot, pivot ½ turn to right

REPEAT