

# Beat Busts On

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Gary Steele (UK)

Musik: Love Today - MIKA



**Begin dancing 32 counts after main vocals are heard**

## **HITCH & STEP, SHUFFLE FORWARD LEFT, ROCKING CHAIR, ROCK RECOVER ¼ SLIDE**

- 1&2 Hitch left knee above right, step left foot down, step right foot slightly more forward than average
- 3&4 Shuffle forward left, right, left
- 5&6& Rock forward right, recover onto left, rock back onto right, recover onto left
- 7&8 Rock forward onto right, recover onto left, make a ¼ turn right take a huge step right to right side

## **BEHIND - SIDE CROSSING SHUFFLE, POINT SWITCHES, KICK-BALL CHANGE**

- 1-2 Step left foot behind right, step right to right side
- 3&4 Left crossing shuffle
- 5&6& Point right to right side, close right foot, point left to left side, close left foot
- 7&8 Kick right foot forward, step down on ball of right foot, change weight onto left foot

## **SYNCOPATED ROCK STEPS, ROCK RECOVER ½ TURN SHUFFLE**

- 1-2& Rock forward onto right, recover onto left, close right next to left
- 3-4 Rock back onto left foot, recover weight onto right
- 5-6 Rock forward onto left foot, recover weight onto right
- 7&8 Shuffle ½ turn left stepping left, right, left

## **POINT SWITCHES, KICK-BALL CHANGE, ¼ TURNING -POINTS, SYNCOPATED ROCK STEPS**

- 1&2& Point right to right side, close right foot, point left to left side, close left foot
- 3&4 Kick right foot forward, step down on ball of right foot, change weight onto left foot
- 5&6& Point right foot forward making a 1/8 turn left, close right next to left, point left foot forward making an 1/8 turn left, close left foot next to right. (completes ¼ turn left)
- 7-8& Rock forward onto right, recover onto left, close right next to left

## **ROCK RECOVER, KICK-BALL CHANGE X3**

- 1-2 Rock back onto left foot, recover weight onto right
- 3&4 Kick left foot forward, step down on ball of left foot, change weight onto right foot
- 5&6 Kick left foot forward, step down on ball of left foot, change weight onto right foot
- 7&8 Kick left foot forward, step down on ball of left, step onto right foot

## **ROCK RECOVER, COASTER STEP, ROCK RECOVER ½ TURN SHUFFLE**

- 1-2 Rock forward onto left foot, recover weight onto right
- 3&4 Step left foot back, close right next to left, step left foot forward
- 5-6 Rock forward onto right foot, recover weight onto left
- 7&8 Make a ½ turn over right shoulder shuffling right, left, right

## **CROSS BACK, BALL-CROSSING SHUFFLE, SIDE ROCK, BEHIND-SIDE CROSS**

- 1-2 Cross left over right, step right foot back
- &3&4 Step on ball of left foot, right crossing shuffle over left
- 5-6 Rock left foot out to left side, recover weight onto right
- 7&8 Step left behind right, step right to right side, cross left in front

## **½ TURN MONTEREY, JAZZ BOX**

- 1-2 Point right to right side, make ½ turn right closing right next to left  
3-4 Point left to left side, close left next to right  
5-8 Cross right over left, step left foot back, step right to right side, touch left next to right

## **REPEAT**

### **TAG**

**Danced at end of wall 1**

### **JAZZ BOX**

- 1-4 Cross left over right, step right back, step left to left side, close right next to left

### **TAG 2**

**Danced at end of section 4 wall 4**

### **JAZZ BOX**

- 1-4 Cross left over right, step right back, step left to left side, close right next to left

**After Tag 2, restart the dance from the beginning**

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