

# Be-Bop-A-Lula

Count: 40

Wand: 2

Ebene: Improver contra dance

Choreograf/in: Denny Hengen (USA)

Musik: Why Haven't I Heard From You - Reba McEntire



**Position: Begin dance in facing lines**

## LEG PUMPS WITH FINGER SNAPS

- 1 With feet together raise left heel off floor
- 2 Snap fingers
- 3 Lower left heel as you raise right heel
- 4 Snap fingers
- 5 Lower right heel as you raise left heel
- 6 Lower left heel as you raise right heel
- 7 Lower right heel as you raise left heel
- 8 Lower left heel as you raise right heel

## VINE RIGHT WITH A SCUFF VINE LEFT WITH A TOUCH

- 1 Step to right on right
- 2 Step behind right on left
- 3 Step to right on right
- 4 Scuff left foot forward
- 5 Step to left on left
- 6 Step behind left on right
- 7 Step to the left on left
- 8 Touch toes of right next to left

## KNEE ROLLS

- 1 On toes of right roll right knee in clockwise circle
- 2 Snap fingers and shift weight to right
- 3 On toes of left roll left knee in counterclockwise circle
- 4 Snap fingers and shift weight to left
- 5 On toes of right roll right knee in clockwise circle
- 6 On toes of left roll left knee in counterclockwise circle
- 7 On toes of right roll right knee in clockwise circle
- 8 On toes of left roll left knee in counterclockwise circle

**Make sure that the lines are staggered so that the dancers can pass through the opposite line.**

## SCOOT, CLAP, SCOOT, CLAP WALK, WALK, STEP, PIVOT

- 1 Scoot forward on balls of both feet
- 2 Clap
- 3 Scoot forward on balls of both feet
- 4 Clap
- 5 Walk forward on right
- 6 Walk forward on left
- 7 Step forward on right
- 8 Pivot ½ turn to the left

## STEP, PIVOT, BACK, TOUCH STEP, PIVOT, BACK, STOMP

- 1 Step forward on right
- 2 Pivot ½ turn to the right on right, hitching left up

- 3 Step back on left
- 4 Touch toes of right back
- 5 Step forward on right
- 6 Pivot  $\frac{1}{2}$  turn to the right on right, hitching left up
- 7 Step back on left
- 8 Stomp right next to left

**REPEAT**

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