Bitter Root



Count: 0 Wand: 2 Ebene: Intermediate

Choreograf/in: EmCee (UK)

Musik: Bitter Root - The Indigo Girls



With help from CeeJay

PART A (CHORUS)

RIGHT SCISSOR, LEFT SCISSOR, KICK STEP RIGHT, LEFT, RIGHT, LEFT

Rock right to side, recover to left, cross right over left Rock left to side, recover to right, cross left over right

Angle body to right diagonal

5& Kick right forward, step right forward

Angle body to left diagonal

6& Kick left forward, step left forward

7&8& Repeat 5&6&

STEP RIGHT TURN ½ RIGHT BACK ON LEFT FOOT, RECOVER, STEP RIGHT, STEP LEFT, BEHIND SIDE CROSS

1-2 Step right forward, turn ½ right (weight to right), step left back

3-4 Rock right back, recover onto left

5-6 Step right forward and slightly side, left to left side

Gentle stomps

7&8 Cross right behind left, step left to side, cross right over left

CHARLESTON LEFT BEHIND, LEFT IN FRONT, RIGHT BEHIND, RIGHT IN FRONT, SHUFFLE, FULL TURN LEFT

1-2 Touch left forward, step left back
3-4 Touch right back, step right forward
5&6 Shuffle forward left, right, left

7-8 Turn ½ left and step right back, turn ½ left and step left forward

RIGHT SCISSOR, UNWIND 3/4 TURN LEFT, STEP LEFT, RIGHT, LEFT, RIGHT KICK BALL CHANGE

1&2 Rock right to side, recover to left, cross right over left

3-4 Unwind ¾ turn (weight to left)5-6 Step right forward, step left forward

7&8 Kick right forward, step right together, step left in place

STOMP RIGHT, LEFT, STEP RIGHT TO RIGHT ¼ TURN, BACK ONTO LEFT ¼ TURN STEP RIGHT BACK, TOUCH LEFT TO RIGHT, STEP LEFT, KICK RIGHT

1-2 Step right to side, step left to side

Gentle stomps

3-4 Turn ¼ right and step right forward, turn ¼ right and step left back

5-6 Step right back, touch left together7-8 Step left forward, kick right forward

Allows a hitch before following diagonals

PART B (VERSE)

DIAGONAL RIGHT SIDE SHUFFLES, ½ TURN RIGHT, LEFT SIDE SHUFFLES, ½ TURN RIGHT ROCK BACK, RECOVER, FULL TURN RIGHT (UNDER TURN TO FACE 12:00)

Turn 1/8 right and shuffle to side stepping right, left, right
Turn ½ right and shuffle to side stepping left, right, left
Turn ½ right and rock right back, recover onto left

7&8 Turn ½ right and step right back, turn ½ right and step left forward

Under-turn to face 12:00

RIGHT SHUFFLE, LEFT CROSS IN FRONT OF RIGHT, UNWIND FULL TURN RIGHT, LEFT SHUFFLE BACK ROCK RIGHT BACK RECOVER

1&2 Shuffle forward right, left, right

3-4 Cross left over right, unwind a full turn right (weight to right)

5&6 Shuffle back left, right, left

7-8 Rock right back, recover onto left (12:00)

DIAGONAL TO 11:00 RIGHT SIDE SHUFFLE, ½ TURN RIGHT, LEFT SIDE SHUFFLE, ½ TURN RIGHT, ROCK BACK RECOVER, FULL TURN LEFT (UNDER EXTEND TURN TO FACE 6:00)

Turn ¼ right and shuffle to side stepping right, left, right
Turn ½ right and shuffle to side stepping left, right, left
Turn ½ right and rock right back, recover onto left

7&8 Turn ½ left and step left back, turn ½ left and step right forward

Under-turn to face 6:00

RIGHT SHUFFLE, LEFT CROSS IN FRONT OF RIGHT, UNWIND FULL TURN RIGHT, LEFT SHUFFLE BACK, ROCK RIGHT BACK RECOVER

1&2 Shuffle forward right, left, right

3-4 Cross left over right, unwind a full turn right (weight to right)

5&6 Shuffle back left, right, left

7-8 Rock right back, recover onto left (6:00)

Repeat above 72 counts once for wall 2 (reversing clock faces for diagonals i.e. 11:00 first)

Repeat wall 1 for first 32 counts (finishing with right kick ball change)

TAG

1-2 Step right to side, step left to side

Gentle stomps

3-4 Turn ½ left (weight to left)

Verse as for wall 1

Start again for wall 2 until end