

A Bit Backward

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Jan Wyllie (AUS)

Musik: Walk Out Backwards - Rick Trevino



STEP BACK RIGHT, LEFT, RIGHT COASTER STEP, ROCK LEFT FORWARD, RIGHT BACK, STEP LEFT BACK, HOLD

1-2-3&4 Step back right left, step back on right, step left beside right, step forward on right

5-6-7-8 Rock/step forward on left, rock back on right, step back on left, hold

ROCK RIGHT BACK, ROCK LEFT FORWARD, 2 SHUFFLES FORWARD

9-10-11&12-13&14 Rock/step back on right, rock forward on left, shuffle forward right, left, right, shuffle forward left, right, left

15-16 Step forward on right, pivot $\frac{1}{4}$ turn left transferring weight to left

ROCK FORWARD, BACK, TOE STRUT RIGHT, LEFT, RIGHT, ROCK BACK, FORWARD, SHUFFLE FORWARD, STEP PIVOT $\frac{1}{4}$ RIGHT

17-24 Rock/step forward on right, rock back on left, toe strut back right, left, right

25-26-27&28-29&30 Rock/step back on left, rock forward on right, shuffle forward left, right, left, shuffle forward right, left, right

31-32 Step forward on left, pivot $\frac{1}{4}$ turn right transferring weight to right

ROCK FORWARD, BACK, TOE STRUT LEFT, RIGHT, LEFT, ROCK BACK, FORWARD, SHUFFLES FORWARD, STEP PIVOT $\frac{1}{4}$ LEFT

33-40 Rock/step forward on left, rock back on right, toe strut back left, right, left

41-42-43&44-45&46 Rock/step back on right, rock forward on left, shuffle forward right, left, right, shuffle forward left, right, left

47-48 Step forward on right, pivot $\frac{1}{4}$ turn left transferring weight to left

CROSS, TOUCH, CROSS, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH

49-50-51-52 Step right over left, touch left toe to left side, step left over right, touch right toe to right side

53-54-55-56 Step right behind left, touch left toe to left side, step left behind right, touch right toe to right

STEP RIGHT BEHIND, $\frac{1}{4}$ LEFT, SHUFFLE FORWARD, ROCK FORWARD, BACK, STEP BACK, HOLD

57-58-59&60 Step right behind left, making $\frac{1}{4}$ turn left step forward on left, shuffle forward right, left, right,

61-62-63-64 Rock/step forward on left, rock back on right, step back on left, hold

REPEAT

TAG

At the end of the dance on walls 2 & 5, your weight will be back on your left. Just bump right heel twice to take up the extra beats

RESTART

On wall 3, after count 32, after the shuffle at count 27&28 just do this:

29-30 Step forward on right, pivot $\frac{1}{2}$ turn left transferring weight to left

31-32 Step forward on right, pivot $\frac{1}{4}$ turn left transferring weight to left start the dance again from the beginning