Bhangra Dance



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Ross Brown (ENG)

Musik: Bhangra Knights vs. Husan - Husan



SIDE BEHIND &, CROSS, ¼ STEP BACK, ¼ ROCK, CROSS SHUFFLE

1-2&	Step right to the right, cross step left behind right, step right next to left
3-4	Cross step left over right, step back onto right turning a quarter left
5-6	Rock back with left, recover onto right turning a quarter left

7&8 Cross step left over right, bring right up to left, cross step left over right

SIDE ROCK, 1/4 BEHIND SIDE STEP, ROCK FORWARD, COASTER STEP

1-2	Rock right to the right,	recover onto left
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3&4 Cross step right behind left, step left to the left, step forward with right turning a quarter left

5-6 Rock forward with left, recover onto right

7&8 Step back with left, step right next to left, step forward with left

POINT & X4, ROCK BACK, SHUFFLE FORWARD

1&	Point right to the right, place right next to left
2&	Point left to the left, place left next to right
3&	Point right to the right, place right next to left
4&	Point left to the left, place left next to right
5-6	Rock back with right, recover onto left

7&8 Step forward with right, bring left up to right, step forward with right

ALTERNATIVE ½ POINT & X3, POINT &, ROCK FORWARD, ½ TURNING SHUFFLE

1&	Point right to the right, place right next to left turning a half right
2&	Point left to the left, place left next to right turning a half right
3&	Point right to the right, place right next to left turning a half right
4&	Point left to the left, place left next to right
5-6	Rock forward with right, recover onto left
700	Stop book with right turning a quarter right, bring left up to right turning a quarter r

7&8 Step back with right turning a quarter right, bring left up to right turning a quarter right, step

forward with right

ROCK FORWARD, COASTER STEP, ROCK, 1/4 STEP, CROSS STEP

1-2	Rock forward with left, recover onto right
3&4	Step back with left, step right next to left, step forward with left
5-6	Rock forward with right, recover onto left
7-8	Step back with right turning a quarter right, cross step left over right

DIAGONAL STEP, 1/4 SWAY HIPS, ROCKING CHAIR

1-2	Step diagonally forward right with right, touch left behind right
3-4	Step left to the left, sway hips left, right while turning a quarter left
5-6	Rock forward with right, recover onto left
7-8	Rock back with right, recover onto left

DIAGONAL STEP, 1/4 SWAY HIPS, ROCKING CHAIR

1-8 Repeat last section

Restart from here on wall 2

CROSS ROCK &, CROSS SHUFFLE, 1/4 STEP BACK, 1/4 SIDE STEP, CROSS SHUFFLE

1-2& Rock right over left, recover onto left, step right next to left

3&4	Cross step left over right, bring right up to left, cross step left over right
5-6	Step back with right turning a quarter left, step left turn to the lefting a quarter left
7&8	Cross step right over left, bring left up to right, cross step right over left

ROCK &, SIDE STRUT, & 1/4 ROCK, WALK, WALK

1-2&	Rock left to the left, recover onto right, step left next to right
3-4&	Point right toe to the right, place right heel, step left next to right
5-6	Rock right to the right, recover onto left turning a quarter left
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7-8 Walk forward right, left

REPEAT

RESTART

Restart from count 48 on wall 2

ENDING

At the end of wall 5. Do steps 1-6 of this section, then do the following two steps

7-8 Walk forward with right, step left next to right striking a pose