

# A Better Life

**COPPERKNOB**  
BY STEPHEN METZ

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Bill Larson (AUS)

Musik: Better Life - Keith Urban



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## **CROSS SHUFFLE FORWARD: RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, FORWARD ROCK 1&½ ROLLING TURN BACK**

- 1&2-3&4 Shuffle forward toward 11:00 stepping right-left-right, shuffle forward towards 1:00 stepping left-right-left
- 5-6-7&8 Step right forward, recover weight onto left with ½ turn right, completing a full turn right step forward right left right

## **TURN WEAVE TURN ROCK BACK FULL TURN, ½ TURN SHUFFLE**

- 1&2& Turning a ¼ right step left to side, step right behind left, step left to side, cross right over left
- 3-4 Step left to side with ¼ left, recover weight onto right
- 5-6-7&8 Turning a ½ left step left forward, turning a ½ left step right back, turning a ½ left shuffle forward left-right-left

## **CROSS SAMBA, CROSS SAMBA, TOUCH BEHIND ½ UNWIND SAILOR**

- 1&2 Cross right over left, step left to side, recover weight onto right
- 3&4 Cross left over right, step right to side, recover weight onto left
- 5-6 Cross right over left, unwind ¾ left (weight on right)
- 7&8 Step left behind right, step right to side, recover weight onto left

## **SHUFFLE RIGHT SIDE, CROSS ROCK, SHUFFLE LEFT SIDE CROSS ROCK**

- 1&2-3-4 Shuffling right to side: stepping right left right, cross left over right, recover weight onto right
- 5&6-7-8 Shuffling left to side: stepping left right left, cross right over left, recover weight onto left

## **BALL-STEP BEHIND OUT OUT BALL CROSS, STEP BEHIND OUT OUT BALL CROSS**

- & Step right beside left
- 1-2&3 Step left to side, step right behind left, step left to side, step right to side (feet shoulder width apart)
- &4 Step left beside right, cross right over left
- 5-6&7 Step left to side, step right behind left, step left to side, step right to side (feet shoulder width apart)
- &8 Step left beside right, cross right over left

## **SIDE ROCK-TURN SHUFFLE, STEP PIVOT STEP TURN-STEP**

- 1-2-3&4 Step left to side, recover weight onto right, turning a ¾ left shuffle forward on left: left-right-left
- 5-6-7-8 Step right forward, pivot ½ turn left, step forward on right, turning a ¾ left step left forward

**REPEAT**

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