

# Bounce, Bounce, Bounce

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Mikael Mölsä (FIN)

Musik: Bounce - Bro'sis



## **TOUCH, TOUCH, FULL TURN RIGHT, KICK-BALL-TOUCH TWICE**

- 1&2& Touch right toe to side, step right together, touch left toe left, step left together  
3-4 Turn  $\frac{1}{4}$  to right stepping right foot forward, bring left next to right while turning  $\frac{3}{4}$  to right (that totals a full turn)  
5&6 Kick right forward, step right next to left, touch left to side  
7&8 Kick left forward, step left next to right, touch right to side

**Option: you can replace the full turn (counts 3-4) with just a slide to the right(3) and stepping left next to right(4)**

## **$\frac{1}{2}$ TURNING FLICK, RIGHT KNEE TWIST, MOONWALKS**

- 1&2 Touch right toe forward, turn  $\frac{1}{2}$  to left and flick right back, step right toe forward  
3&4 Twist right knee out-in-out (while doing this press your body forward) (weight is now on right foot)  
5 Reaching back with left toe, pull step back to weight left  
6 Reaching back with right toe, pull step back to weight right  
7 Reaching back with left toe, pull step back to weight left  
8 Touch right toe next to left

**Option: Moonwalks can be replaced with either Mashed Potatoes back or just normal steps back**

## **ROCK STEP, SIDE, ROCK STEP, SIDE, STEP, TURN, BODY ROLL / SNAKE ROLL**

- 1&2 Rock right across left, recover weight on left, step right to side  
3&4 Rock left across right, recover weight on right, step left to side  
5-6 Step right forward, turn  $\frac{3}{4}$  to left bringing right foot next to left  
7-8 Do either a snake roll to left or a body roll on counts 7-8 (weight ends up on left)

**Option: body roll / snake roll can be replaced by two hip bumps to left (weight ends up on left)**

## **FORWARD TRAVELING HEEL JACKS, SYNCOPATED FULL UNWIND**

- 1&2& Step right across left, step left back, touch right heel diagonal, step weight on right (pump your chest on count 2)  
3&4& Step left across right, step right back, touch left heel diagonal, step weight on left (pump your chest on count 4)  
5 Step right across left  
6-7-8 Unwind a full turn on counts 6-7-8

**On the heels jacks (counts 1-4&) you should travel forward a little**

**Styling: pausing between steps 6-7-8 makes them look better**

**REPEAT**