

Bosa Nova

Count: 64

Wand: 4

Ebene: Improver rumba

Choreograf/in: Phil Dennington (UK)

Musik: Blame It on the Bossa Nova - Jane McDonald



Start 16 Counts (7 seconds into track)

SIDE TOGETHER SIDE TOUCH, SIDE TOGETHER SIDE KICK

- 1-2 Step left to side, step right together
- 3-4 Step left to side, touch right together
- 5-6 Step right to side, step left together
- 7-8 Step right to side, kick left diagonally forward

SIDE CROSS SIDE KICK, BEHIND SIDE CROSS HOLD

- 1-2 Step left together, cross right over left
- 3-4 Step left to side, kick right diagonally forward
- 5-6 Cross right behind left, step left to side
- 7-8 Cross right over left, hold

MAMBO BOX

- 1-2 Step left to side, step right together
- 3-4 Step left forward, hold
- 5-6 Step right to side, step left together
- 7-8 Step right back, hold

SIDE TOGETHER SIDE HOLD, ROCK STEP, STEP HOLD

- 1-2 Step left to side, step right together
- 3-4 Step left to side, hold
- 5-6 Turn $\frac{1}{4}$ right and rock right back, recover to left
- 7-8 Step right forward, hold

LEFT FORWARD LOCK STEP HOLD, RIGHT FORWARD LOCK STEP HOLD

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, hold
- 5-6 Step right forward, lock left behind right
- 7-8 Step right forward, hold

FORWARD MAMBO HOLD, BACK COASTER STEP HOLD

- 1-2 Rock left forward, recover to right
- 3-4 Step left together, hold
- 5-6 Step right back, step left together
- 7-8 Step right forward, hold

STEP TURN STEP HOLD, FULL TURN LEFT HOLD

- 1-2 Step left forward, turn $\frac{1}{2}$ right (weight to right)
- 3-4 Step left forward, hold
- 5-6 Turn $\frac{1}{2}$ left and step right back, turn $\frac{1}{2}$ left and step left forward
- 7-8 Step right forward, hold

WALK HOLD X3, STOMP HOLD

- 1-2 Step left forward, hold
- 3-4 Step right forward, hold

5-6 Step left forward, hold
7-8 Stomp right together, hold

REPEAT
