

Boogie Foot 06

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Todd Lescarbeau (USA)

Musik: Club Savoy - Rockin' Louie & Mamma Jammers



2nd Place Winner Intermediate level Non-country Choreography Linedance Showdown 2006

TOE-HEEL, CROSS, TOE-HEEL, CROSS, LOCK-STEP

- 1-2-3 Touch right toe to left instep, touch right heel out, cross step right over left
4-5-6 Touch left toe to right instep, touch left heel out, cross step left over right
7-8 Step back on right, step left over right

For styling, turn hips leaving upper body straight

STEP BACK, CLAP, ½ TURN LEFT, CLAP, WALK FORWARD WITH DIP

- 1-2 Step back on right, hold 1 beat while clapping hands once
3-4 Turn ½ to left stepping forward on left, hold 1 beat while clapping hands once
5-6 Step forward on right bending knees slightly, step forward on left (knees still bent)
7-8 Step forward on right straightening knees, step forward on left

KICK, STEP, KICK, STEP, KICK, BEHIND, SIDE ¼ TURN LEFT, STEP FORWARD

- 1-2 Kick right diagonally forward, step back on right
3-4 Kick left diagonally forward, step back on left
5-6-7 Kick right diagonally forward, step right behind left, step left to side turning ¼ left
8- Step forward on right

ROCK ½ TURN LEFT, HOLD, TOUCH-HITCH-STEP WITH ½ TURN LEFT, ROCK-STEP

- 1-2 Rock forward onto left, recover on right
3-4 Turn ½ left stepping left forward, hold (no clap unless you really want to)
5&6 Scuff right forward starting ½ turn left, finish ½ turn hitching right knee, step back right
7-8 Rock back on left, recover on right

SIDE ROCK CROSS, SIDE ROCK CROSS, ¼ TURN RIGHT, STEP SIDE

- 1-2-3 Rock side left on left, recover, cross step left over right
4-5-6 Rock side right on right, recover, cross step right over left
7-8 Turn ¼ right stepping back on left, step right to side

FORWARD, HOLD, ¼ TURN RIGHT, HOLD, CROSS-GRIND, CROSS STEP, HOLD

- 1-2 Step forward on left, hold 1 beat (clap if you want to)
3-4 Pivot ¼ turn right shifting weight to right leg, hold 1 beat (clap if you want to)
5-6 Cross step left heel over right (toes point right), step right to side while twisting left toes to left
7-8 Cross step left over right, hold last beat

REPEAT