

Brenda's Dream

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Red Russell (UK)

Musik: Tougher Than the Rest - Travis Tritt



SWINGING DIAGONAL SHUFFLES, CROSS ROCK, TRIPLE ½ TURN (LEADING RIGHT THEN LEFT)

- 1&2 Swing right forward into step across left-step left beside right, step right forward twisting towards right diagonal
- 3&4 Swing left forward into step across right-step right beside left, step left forward twisting towards left diagonal
- 5-6 Rock right across left, rock weight onto left
- 7&8 ½ turn right stepping right-left, right (on the spot)

SWINGING DIAGONAL SHUFFLES, CROSS ROCK, TRIPLE ½ TURN (LEADING LEFT THEN RIGHT)

- 9&10 Swing left forward into step across right-step right beside left, step left forward twisting towards left diagonal
- 11&12 Swing right forward into step across left-step left beside right, step right forward twisting towards right diagonal
- 13-14 Rock left across right, rock weight onto right
- 15&16 ½ turn left stepping left-right, left (on the spot)

SIDE ROCK, CHA-CHA ON THE SPOT (LEADING RIGHT THEN LEFT)

- 17-18 Rock right to side, rock weight onto left
- 19&20 Step right beside left-step left beside right, step right beside left (on the spot)
- 21-22 Rock left to side, rock weight onto right
- 23&24 Step left beside right-step right beside left, step left beside right (on the spot)

TOE-HEEL SUGAR FOOT, CHA-CHA ON THE SPOT (LEADING RIGHT THEN LEFT)

- 25-26 Touch right toe next to left foot (right foot turned in), touch right heel next to left foot (right foot turned out)
- 27&28 Step right beside left-step left beside right, step right beside left (on the spot)
- 29-30 Touch left toe next to right foot (left foot turned in), touch left heel next to right foot (left foot turned out)
- 31&32 Step left beside right-step right beside left, step left beside right (on the spot)

FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

- 33-34 Rock right forward, rock weight back onto left
- 35&36 Step right back-step left beside right, step right back
- 37-38 Rock left back, rock weight forward onto right
- 39&40 Step left forward-step right beside left, step left forward

¼ TURN LEFT MODIFIED VINE INTO RIGHT CHA-CHA ON THE SPOT, CROSS ROCK, CHA-CHA ON THE SPOT

- 41-42 Step right forward into ¼ turn left, step left behind right
- 43&44 Step right beside left-step left beside right, step right beside left (on the spot)
- 45-46 Rock left across right, rock weight back onto right
- 47&48 Step left beside right-step right beside left, step left beside right (on the spot)

REPEAT