

C Jane Run

Count: 66

Wand: 4

Ebene: Advanced

Choreograf/in: "Calamity" Jane Newhard (USA)

Musik: See Jane Run - Trace Adkins



This dance has a 2-step rhythm. It can be danced to any good 2-step song. The steps are: quick, quick, slow, slow (Q = 1 beat, S = 2 beats).

- Q Step right foot to right side
Q Cross-step left over right
S Step right foot to right side
S Cross-step left over right
- Q Step right foot forward
Q Step left beside right
S Step right foot forward
S Cross-step left over right
- Q Unwind $\frac{1}{2}$ turn to the right ending with heels left
Q Swivel heels right
S Swivel heels left
S Swivel heels right making $\frac{1}{4}$ turn to the left
- 19-36 Repeat 1-18
- Q Touch right toe beside left instep
Q Touch right heel beside left instep
S Step right foot to right side
S Cross-step left foot over right
Q Touch right toe beside left instep
Q Touch right heel beside left instep
S Step right foot to right side
S Cross-step left foot over right
- Q Touch right toe beside left instep
Q Touch right heel beside left instep
S Step on right as you bump hips right
S Bump hips left
- Q Bump hips right
Q Bump hips left
S Bump hips right
S Bump hips left
- Q Step right foot forward
Q Step left beside right
S Turning $\frac{1}{4}$ to the right, step on right
S Step left beside right

REPEAT

