Bump-N-Grind 4-2 (P)



Count: 48 Wand: 0 Ebene: Partner

Choreograf/in: Dan Ross (USA) & Sharon Ross (USA)

Musik: Bump N Grind - Ronnie Beard



Position: Begin facing line of dance, man on the inside of the circle, Lady on the outside. Man's right hand holding lady's left

Based on Bump-N-Grind by Jo Thompson & Jamie Marshall

POINT, TOGETHER, POINT, TOGETHER, VINE 3, TOUCH

1-2	Touch right toe to right side with right hip bump, touch right beside left (hips center)
3-4	Touch right toe to right side with right hip bump, touch right beside left (hips center)

5-7 (Letting go of lady's hand and passing behind her) step right foot to right side, step left foot

crossed behind right, step right foot to right side

8 (Taking lady's right hand in his left) touch left beside right

LADY

1-2	Touch left toe to left side with left hip bump, touch left beside right (hips center)
3-4	Touch left toe to left side with left hip bump, touch left beside right (hips center)

5-7 (Passing in front of gentleman) step left foot to left side, step right foot crossed behind left,

step left foot to left side

step right foot to right side

8 Touch right beside left

HIP CIRCLE TWO TIMES, VINE 3, TOUCH

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1-2	Touch left foot to left side, circle hips forward and left, finish circle hip back and right
3-4	Circle hips forward and left, finish circle hip back and right
5-7	(Letting go of lady's hand and passing behind her) step left foot to left side, step right foot crossed behind left, step left foot to left side
8	(Taking lady's left hand in his right) touch right beside left
LADY	
1-2	Touch right foot to right side, circle hips forward and right, finish circle hip back and left
3-4	Circle hips forward and right, finish circle hip back and left
5-7	(Passing in front of gentleman) step right foot to right side, step left foot crossed behind right,

8 Touch left beside right

WIGGLE WALK FORWARD

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1&2	Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot
3&4	Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot
5&6	Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot
7&8	Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot

LADY

Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left

foot

3&4 Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to

right foot

5&6	Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot
7&8	Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot
•	K-BALL-CHANGE
MAN	
1-2	(Turning lady $\frac{3}{4}$ turn to the right) step right foot forward, (turning $\frac{1}{4}$ turn to the right) step left foot to left side
3-4	(Picking up lady's right hand in his left) step right foot crossed behind left, step left foot to left side
5-6	Step right foot crossed in front of left, (letting go of lady's right hand & turning ¼ turn to the left) step left foot forward
7&8 LADY	Kick forward with right foot, rock back with ball of right foot, recover weight forward to left foot
1-2	(Beginning $\frac{3}{4}$ turn to the right) step left foot $\frac{1}{4}$ turn right, pivoting $\frac{1}{2}$ turn right step right foot to right side
3-4	Step left foot crossed in front of right, step right foot to right side
5-6	Step left foot crossed behind right, (turning ¼ turn to the right) step right foot forward
7&8	Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot
SIDE TRIPLE MAN	, ROCK BACK, RECOVER (TWICE)
1&2	(Letting go of lady's hand and passing behind her) step right foot to the right side, step together with left, step right foot to right side
3-4	(Picking up lady's right hand in his left) rock back with ball of left foot, recover weight forward to right foot
5&6	(Letting go of lady's hand and passing behind her) step left foot to left side, step together with right, step left foot to left side
7&8	(Picking up lady's left hand in his right) rock back with ball of right foot, recover weight forward to left foot
LADY	
1&2	(Passing in front of gentleman) step left foot to left side, step together with right, step left foot to left side
3-4	Rock back with ball of right foot, recover weight forward to left foot
5&6	(Passing in front of gentleman) step right foot to the right side, step together with left, step right foot to right side
7-8	Rock back with ball of left foot, recover weight forward to right foot
STEP-TURN, MAN	STEP-TURN, HIP BUMPS, HIP CIRCLE
1-2	(Letting go of lady's hand) step right foot forward, turn ½ turn left changing weight to left foot
3-4	Step right foot forward, turn ½ turn left changing weight to left foot
5-6	(Picking up lady's left hand with his right) bump hips to the right twice
7-8	Circle hips 1 ½ time's to the left ending with weight on left foot
LADY	,
1-2	Step left foot forward, turn ½ turn right changing weight to right foot

Step left foot forward, turn 1/2 turn right changing weight to right foot

Circle hips 1 $\frac{1}{2}$ time's to the right ending with weight on right foot

Bump hips to the left twice

REPEAT

3-4 5-6

7-8