

Captain Jack

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Heidi Angelika Scott (NOR)

Musik: Iko Iko - Captain Jack



RIGHT KICK BALL CHANGE WITH ¼ TURN RIGHT, RIGHT KICK BALL CHANGE, RIGHT V-STEP ON HEELS

- 1&2 Right kick ball change, do ¼ turn to the right
- 3&4 Right kick ball change
- 5-8 Right V-step on heels, (touch left to close on 8)

LEFT AND RIGHT SHUFFLES, STEP TOUCH FORWARD AND BACK ON DIAGONAL

- 1&2 Left shuffle forward
- 3&4 Right shuffle forward
- 5-6 Step left forward on the diagonal, touch right next to left
- 7-8 Step right back on the diagonal, touch left heel forward on the diagonal

LEFT KICK-STEP-POINT RIGHT, RIGHT KICK-STEP-POINT LEFT, SWIVEL HEELS LEFT, ¼ TURN-HITCH RIGHT KNEE, RIGHT SHUFFLE FORWARD

- 1 Kick left leg forward
- & Step left next to the right
- 2 Point right toes to the right
- 3 Kick right leg forward
- & Step right next to the left
- 4 Point left toes to the left
- 5 Swivel both heels to the left
- 6 Hitch right knee in a ¼ turn right
- 7&8 Right shuffle forward

LEFT KICK BALL CHANGE WITH ¼ TURN RIGHT, LEFT KICK BALL CHANGE, LEFT V-STEP ON HEELS

- 1&2 Left kick ball change, do ¼ turn to the right
- 3&4 Left kick ball change
- 5-8 Left V-step on heels, (touch right to close on 8)

RIGHT SHUFFLE, ROCK FORWARD, BACK, BACK FORWARD, WALK LEFT, STEP RIGHT TO CLOSE

- 1&2 Right shuffle forward
- 3-4 Rock forward on left, recover on right
- 5-6 Rock back on left, recover on right
- 7-8 Step left forward, step right to close

LEFT MAMBO FORWARD, RIGHT MAMBO SIDE, LEFT CHASSE, STOMP RIGHT, STOMP LEFT

- 1&2 Left mambo forward (rock forward on left, recover on right, step left to close)
- 3&4 Right mambo to the right (rock right to the right, recover on left, step right to close)
- 5&6 Left chasse, left, right, left
- 7-8 Stomp right, stomp left

REPEAT