

Charlie Horse

Count: 24

Wand: 1

Ebene: Beginner

Choreograf/in: Charlie Milne (CAN)

Musik: Bobbie Ann Mason - Rick Trevino



KICK TWICE, BACK UP

- 1-2 Kick right foot forward twice
- 3 Step back on right foot
- 4 Step back on left foot

STEP, KICK TWICE, HOP

- 5 Step forward on right foot
- 6-7 Kick left foot forward twice
- 8 Hop back with both feet

SHAKE TWICE, STEP, HOLD

- 9-10 Shake right leg to the right side twice
- 11 Step right foot into the home position (weight now on right)
- 12 Hold for one count

SHAKE TWICE, STEP HOLD

- 13-14 Shake left leg to the left side twice
- 15 Step left foot into the home position (weight now on left)
- 16 Hold for one count

WOBBLE 2, 3, 4

Allow whole body to wobble during these 4 counts

- 17 Bend right knee out and place weight on ball of right foot
- 18 Bend left knee out and place weight on ball of left foot
- 19 Bend right knee out and place weight on ball of right foot
- 20 Bend left knee out and place weight on ball of left foot

STEP, STEP, & HOP, HOLD

- 21 Step right foot into home position
- 22 Step left foot into home position
- &23 Lift right foot up & quickly hop up on left foot
- 24 Hold for one count

REPEAT
