

Chains Of Gold

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Jan Wyllie (AUS)

Musik: Chains of Gold - Sweethearts of the Rodeo



Written by request for Margaret who hails from Wales

SIDE STEP TOGETHER, ¼ SHUFFLE, ROCK RETURN, COASTER CROSS - REPEAT SEQUENCE

- 1-2-3&4 Step right to right, step left beside right, making ¼ right shuffle forward right, left, right
5-6 Rock/step forward on left, rock back on right
7&8 Step back on left, step right beside left, step left across right (coaster cross)
9-16 Repeat steps 1-8

SIDE/ROCK RETURN, RIGHT SAILOR, LEFT SAILOR, ROCK RETURN

The following 8 counts move backwards

- 17-18 Rock/step right to right, rock/return weight sideways onto left
19&20 Step right across/behind left, step left to left, step right to right (sailor)
21&22 Step left across/behind right, step right to right, step left to left (sailor)
23&24 Rock/step back on right, rock forward on left

STEP PIVOT ½, ROCK RETURN, STEP BACK HOLD, BUMP HEEL TWICE

- 25-26 Step forward on right, pivot ½ left transferring weight to left
27-28 Rock/step forward on right, rock back on left
29-30 Step back on right, hold (left is held forward in place)
31-32 Bump left heel twice

ROCK RETURN, ½ SHUFFLE, ROCK RETURN, STEP BACK BUMP HEEL

- 33-34 Rock/step forward on right, rock back on left
35&36 Making ½ right (back over right shoulder) shuffle forward right, left, right
37-40 Rock/step forward on left, rock back on right, step back on left, bump right heel taking weight

ROCK RETURN, ¼ COASTER, STEP PIVOT ¼, STEP PIVOT ¼

- 41-42 Rock/step forward on left, rock back on right
43&44 Step back on left making ¼ left, step right beside left, step forward on left
45-48 Step forward on right, pivot ¼ left taking weight to left, step forward on right, pivot ¼ taking weight on left

STEP TOUCH, STEP TOUCH, & RIGHT HEEL JACK, & RIGHT HEEL JACK

- 49-52 Step forward on right, touch left toe to left, step forward on left, touch right behind left
&53&54 Step back on right, touch left heel forward, step forward on left, touch right behind left (heel jack)
&55&56 Step back on right, touch left heel forward, step forward on left, touch right behind left (heel jack)

ROCK RETURN, SHUFFLE BACK, COASTER STEP, STEP PIVOT ¼

- 57-58 Rock/step forward on right, rock back on left
59&60 Shuffle back right, left, right
61&62 Step back on left, step right beside left, step forward on left
63-64 Step forward on right, pivot ¼ left transferring weight to left

REPEAT

TAG

At the end of wall 2

1-4 Vine to the right, touch left beside right

5-8 Vine to the left, touch right beside left

ENDING

Dance finishes facing the front at count 40 on wall 5 (2 heel bumps)
