

# Chained

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: John Dembiec (USA)

Musik: Chains - Tina Arena



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## TOE TOUCHES WITH HIP BUMPS, TOE TAP, STEP, 360 COASTER STEP

- 1-2 Point right toe to right side and bump hip at same time, step right forward
- 3-4 Point left toe to left side and bump hip at same time, step left forward
- 5-6 Tap right toe behind left, step right back
- 7&8 Step left back  $\frac{1}{2}$  turn left, step right back  $\frac{1}{2}$  turn left, step left forward

## SHUFFLE, STEP, PIVOT, CROSSING WALKS

- 1&2 Shuffle forward right, left, right
- 3-4 Step left forward, pivot  $\frac{1}{2}$  right
- 5-6 Step left forward and across right, step right forward and across left
- 7-8 Repeat 5-6

## TOE HEEL STRUTS, MONTEREY TURN

- 1-2 Touch left toe to left, press left heel down
- 3-4 Touch right toe across left, press right heel down
- 5-6 Point left toe to left, turn  $\frac{1}{2}$  to left
- 7-8 Point right toe to right, step right next to left

## STEP, DRAG, TOUCH, ROCK STEP, $\frac{1}{2}$ TURN SWEEP, $\frac{1}{4}$ TURN SWEEP

- 1-2 Step left to left, drag right next to left and touch
- 3-4 Rock back on right, replace to left
- 5-6 Sweep right  $\frac{1}{2}$  turn to left, step right down
- 7-8 Sweep left  $\frac{1}{4}$  turn to right, step left down

**REPEAT**

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