

# Cecilia

Count: 0

Wand: 4

Ebene: Improver

Choreograf/in: Sherry Palencia (USA)

Musik: Cecilia - Simon & Garfunkel



Sequence: AA, B plus 4-count tag, A, B (only 16 counts), A, B, A, B

## SECTION A

### SHUFFLE RIGHT, ROCK STEP, KICK BALL POINT, KICK BALL POINT,

1-4 Shuffle to right (right, left, right), rock back on left

5-8 Kick left foot forward, step down and point right foot to right side, kick right foot forward, step down and point left foot to left side.

### SHUFFLE LEFT, ROCK STEP, HALF PIVOT, SHUFFLE TURN

1-4 Shuffle to left (left, right, left), rock back on right

5-6 Step forward on right, pivot  $\frac{1}{2}$  turn left,

7&8 Left shuffle turn to face front wall

Easy option for beginners: replace shuffle turn with a left  $\frac{1}{2}$  pivot

### POINT RIGHT, POINT LEFT, POINT FORWARD, POINT BACK, KNEE UP, DOWN, KNEE BALL CHANGE,

1-2 Right foot points right, left foot points left

3-4 Right foot points forward, left foot points back

5-6 Lift left knee up, tap down,

7-8 Lift knee up and step ball change

### SHUFFLE, PIVOT, RIGHT AND LEFT SAILOR SHUFFLE

1-4 Left foot shuffles forward, pivot  $\frac{1}{4}$  to left

5-8 Right sailor shuffle and left sailor shuffle

## SECTION B

### 4 SYNCOPATED CROSSES AND POINTS

&1&2 Lift right knee and step across left foot on count 1, lift left knee before pointing left on count 2

&3&4 Lift left knee and step across right foot on count 3, lift right knee before pointing right on count 4

&5&6&7&8 Repeat above

### WALK BACK AND $\frac{1}{2}$ PADDLE TURN

1-4 Walk back, right, left, right, left

5-8 Turning left, do  $\frac{1}{8}$  paddle turn 4 times

### ROCK RIGHT, RIGHT SAILOR SHUFFLE, COASTER, KICK BALL CHANGE

1-2 Rock right, recover

3-4 Right sailors shuffle

5&6 Turning  $\frac{1}{4}$  left, do left coaster step

7&8 Right kickball change

### ROCK RIGHT, RIGHT SAILOR SHUFFLE, COASTER, KICK BALL CHANGE

1-2 Rock right, recover

3-4 Right sailors shuffle

5&6 Turning  $\frac{1}{4}$  left, do left coaster step

7&8 Right kickball change

**TAG**

1-4

Strut forward, right, left, right, left for 4 counts

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