

Catch My Breath

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Mick Herbert (UK)

Musik: Breathless - The Corrs



KICK, KICK, COASTER STEP, KICK, KICK, TOE BALL CHANGE ¼ TURN RIGHT

- 1-2 Kick right forward twice
- 3&4 Step back right, step left beside right, step forward right
- 5-6 Kick left forward twice
- 7&8 Touch left toe back, step left beside right, step forward right making ¼ turn right

LEFT SHUFFLE, RIGHT SHUFFLE, ROCK STEP, TRIPLE STEP ¾ TURN LEFT

- 9&10 Step forward left, close right next to left, step forward left
- 11&12 Step forward right, close left next to right, step forward right
- 13-14 Rock forward on left, rock back on right
- 15&16 Triple step ¾ turn left - stepping left, right, left

TOE SWITCHES, SIDE SHUFFLE, CROSS ROCK, SHUFFLE TURN ¼ LEFT

- 17&18 Touch right to right side, step right beside left, touch left to left side
- &19 Step left beside right, step right to right side
- &20 Close left beside right, step right to right side
- 21-22 Cross rock left over right, rock back on right
- 23&24 Step left to left side, close right beside left, step left to left side making ¼ turn left

ROCK STEP, HEEL SWITCHES, TOE TAPS, LEFT SHUFFLE

- 25-26 Rock forward on right, rock back on left
- &27 Step right beside left, touch left heel forward
- &28 Step left beside right, touch right heel forward
- &29-30 Step right beside left, tap left toe back twice
- 31&32 Step forward left, close right next to left, step forward left.

REPEAT
