

# Choco Dance

Count: 0

Wand: 1

Ebene: Intermediate contra dance

Choreograf/in: Patricia Soran (AUT)

Musik: Chocolate (Choco Choco) - Soul Control



Sequence: E, ABCD, ABCD, EEEEE, BCD, C to the end

Start after 40 Counts on "un, dos" with Part E

## PART E (BREAK)

**STEP DIAGONALLY RIGHT, HOLD, STEP DIAGONALLY LEFT, HOLD, STEP DIAGONALLY RIGHT & LEFT, TOUCH RIGHT & SNAP, HOLD**

1-2 Small step right side (feet shoulder width apart) with 1/8 turn right (1:30), hold

3-4 Step left in place with 1/4 turn left (10:30), hold

5-6 Step right in place with 1/4 turn right (1:30), step left in place with 1/4 turn left (10:30)

7-8 Turn 1/8 turn right (12:00) on left, snap right fingers and touch right toe near left, hold

**For the long break, you will be doing the break 5 times. On the first 4 times, turn 1/4 each to complete a full turn. On the 5th time, don't turn. Continue facing 12:00**

## PART A

**STEP FORWARD RIGHT, 1/2 TURN RIGHT & STEP BACK LEFT, TRIPLE STEP RIGHT BACK, 1/2 TURN LEFT & STEP BACK RIGHT, ROCK BACK LEFT**

1-2 Step right forward, 1/2 turn right on right and step back left

3&4 Small step right back, left to right, small step right back

5-6 Step on left, 1/2 turn left on left and step back right

7-8 Step left behind right, replace on right

**STEP LEFT SIDE, ROCK BACK RIGHT, TRIPLE STEP RIGHT SIDE, FULL TURN RIGHT**

1-2-3 Small step left side, step right behind left, replace on left

4&5 Small step right side, step left to right, small step right side

6-7-8 Full turn right on right ball (6-7), put left near right (weight left)

**STEP FORWARD RIGHT, 1/2 TURN RIGHT & STEP BACK LEFT, TRIPLE STEP RIGHT BACK, 1/2 TURN LEFT & STEP BACK RIGHT, ROCK BACK LEFT**

1-8 Repeat counts 1-8

**STEP LEFT SIDE, ROCK BACK RIGHT, TRIPLE STEP RIGHT SIDE, FULL TURN RIGHT**

1-8 Repeat counts 9-16

## PART B

**SHIMMY DOWN & UP, TOUCH & 2X CLAP, SHIMMY DOWN & UP, STEP RIGHT & 2X SLAP**

1&2 Touch right ball forward, knees down, knees up (weight left) shake shoulders three times

3-4 Touch right toe near left, hold. Clap two times

5&6 Repeat counts 1-2

7-8 Small step right side and lift left heel, hold. Slap on your right back two times

**STEP LEFT SIDE, ROCK BACK RIGHT, TRIPLE STEP RIGHT SIDE, FULL TURN RIGHT**

1-8 Repeat Part A, counts 9-16

**SHIMMY DOWN & UP, TOUCH & 2X CLAP, SHIMMY DOWN & UP, STEP RIGHT & 2X SLAP**

1-8 Repeat 1-8

**STEP LEFT SIDE, ROCK BACK RIGHT, TRIPLE STEP RIGHT SIDE, FULL TURN RIGHT**

1-8 Repeat Part A, counts 9-16

## **PART C**

### **TRIPLE STEP FORWARD RIGHT & LEFT, ½ TURN LEFT WITH RONDE, TOUCH RIGHT**

1&2 Small step right forward, left to right, small step right forward

3&4 Small step left forward, right to left, small step left forward

#### **Option 1-4: triple step right and left with two ½ turns left**

5-8 ½ turn left on left and draw a half-circle with right toe on soil (5-7), touch right toe near left (8)

**Dancers have now changed lines**

### **RIGHT PALMS TOGETHER, TRIPLE STEP RIGHT & LEFT & STEP RIGHT-LEFT-RIGHT-LEFT WITH FULL TURN RIGHT**

1&2 (Put right palm on palm of the dancer to your right) ¼ turn right around partner with step right, left to right, step right

3&4 ¼ turn right around partner with step left, right to left, step left

5-8 ½ turn right around partner with step right, left, right, left

### **LEFT PALMS TOGETHER, TRIPLE STEP RIGHT & LEFT & STEP RIGHT-LEFT-RIGHT-LEFT WITH FULL TURN LEFT**

1&2 (Put left palm on palm of the dancer to your left) ¼ turn left around partner with step right, left to right, step right

3&4 ¼ turn left around partner with step right, left to right, step right

5-8 ½ turn left around partner with step right, left, right, left

### **2X HIP BUMP RIGHT & 2X HIP BUMP LEFT WITH ARMS, REPEAT**

1-2 Small step right (feet shoulder width apart) and swing right hip two times to the right

**Bring right arm at shoulder height straight in front of body (palm down)**

3-4 Lower right arm, lift left arm and swing left hip two times to the left

5-6 Repeat counts 1-2

7-8 Repeat counts 3-4 (weight left)

## **PART D**

### **TRIPLE STEP FORWARD RIGHT & LEFT, ½ TURN LEFT WITH RONDE, TOUCH RIGHT**

1-8 Repeat Part C counts 1-8

**Dancers now again in starting position**

### **STEP RIGHT FORWARD, HOLD, ½ TURN RIGHT & LEFT BACK, HOLD, RIGHT TOUCH DIAGONALLY FORWARD, STEP RIGHT, TOUCH LEFT, STEP LEFT**

1-4 Step right forward, hold, ½ turn right on right and step back left, hold

5-6 Touch right toe diagonally forward to the right and lean upper body back, step on right and lean forward

7-8 Touch left toe behind right and lean forward, step on left and bring up upper body

### **STEP RIGHT FORWARD, HOLD, ½ TURN RIGHT & LEFT BACK, HOLD, RIGHT TOUCH DIAGONALLY FORWARD, STEP RIGHT, TOUCH LEFT, STEP LEFT**

1-8 Repeat counts 9-16

### **2X HIP BUMP RIGHT & 2X HIP BUMP LEFT WITH ARMS, REPEAT**

1-8 Repeat Part C counts 25-32

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