

# Chilling Out

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Gaye Teather (UK)

Musik: Cold Kisses - Steve Holy



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## RIGHT LOCK FORWARD, ROCK STEP, SHUFFLE ½ TURN LEFT, SWAY RIGHT, LEFT

- 1&2 Step forward on right foot, lock left behind right, step forward on right  
3-4 Rock forward on left foot, recover onto right  
5&6 Shuffle ½ turn left stepping left, right, left  
7-8 Small step to right on right foot swaying hips right, recover onto left swaying hips left

## CHASSE ¼ TURN RIGHT, STEP ¾ TURN RIGHT, CHASSE ¼ LEFT, ½ TURN LEFT, BACK

- 9&10 Step right foot to right, step left beside right, step right ¼ turn right  
11-12 Step forward on left, pivot ¾ turn right  
13&14 Step left foot to left, step right beside left, step left ¼ turn left  
15-16 Make ½ turn left stepping back on right, step back on left

## SWAY ¼ TURN RIGHT, SWAY LEFT, BEHIND-SIDE-CROSS, SIDE LEFT, ¼ TURN RIGHT, LEFT SHUFFLE FORWARD

- 17-18 Making ¼ turn right sway hips right, sway hips left  
19&20 Step right behind left, step left to left, step right over left  
21-22 Step left to left side, make ¼ turn right  
23&24 Step forward on left, close right beside left, step forward on left

Steps 23&24 can be replaced with a triple full turn stepping left, right, left

## FORWARD ROCK, RIGHT COASTER STEP, LEFT HEEL GRIND TURNING ¼ LEFT, LEFT COASTER STEP

- 25-26 Rock forward on right foot, recover onto left  
27&28 Step back on right, close left beside right, step forward on right  
29-30 Touch left heel forward, heel grind ¼ turn left keeping weight on right foot  
31&32 Step back on left, close right beside left, step forward on left

## FORWARD ROCK, RIGHT COASTER STEP, LEFT HEEL GRIND TURNING ¼ LEFT LEFT COASTER STEP

- 33-40 Repeat steps 25-32

## FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, STEP BACK, SLIDE

- 41-42 Rock forward on right foot, recover onto left  
43&44 Shuffle ½ turn right stepping right, left, right  
45-46 Rock forward on left foot, recover onto right  
47-48 Long step back on left, slide right foot back, touching right toe over left foot

**REPEAT**

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