Contrast (P)

Count: 32

Ebene: Partner

Choreograf/in: Mark Caley (UK) & Jan Caley (UK) Musik: One Night - J.C. Jones

Position: Right Side by Side (Sweetheart) facing LOD. Steps are the same for both Man and Lady except where stated

WALKS, SHUFFLES FORWARD

- 1-2 Walk forward left, right
- 3&4 Left shuffle forward left, right, left
- 5-6 Walk forward right, left
- 7&8 Right shuffle forward right, left, right

PIVOT ½ TURN RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD

- 1-2 Step forward on left, pivot ½ turn right
- 3-4 Step forward on left, hold

Now in Left Side By Side Position facing RLOD

- 5-6 Step forward on right, pivot ½ turn left
- 7-8 Step forward on right, hold

Now in Right Side By Side Position facing LOD

LADY'S FULL TURN RIGHT, SHUFFLE, LADY'S FULL TURN LEFT, SHUFFLE

- 1-2 MAN: Step slightly forward left, right
 - LADY: Turn over right shoulder left, right
- 3&4 MAN: Left shuffle slightly forward left, right, left
 - LADY: Left shuffle slightly forward left, right, left

Counts 1-2 keeping hands together, lady turns under arms to end facing LOD in Right Cross Hand Position

- 5-6 MAN: Step slightly forward right, left
 - LADY: Turn over left shoulder right, left
- 7&8 MAN: Right shuffle slightly forward right, left, right
 - LADY: Right shuffle slightly forward right, left, right

Counts 5-6 keep both hands together, as lady turns to left, finger tip to finger as lady finishes turn to end facing LOD in Right Side By Side Position

PIVOT ½ TURN RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD

- 1-2 Step forward on left, pivot ½ turn right
- 3-4 Step forward on left, hold
- Now in Left Side By Side Position facing RLOD
- 5-6 Step forward on right, pivot ½ turn left
- 7-8 Step forward on right, hold
- Now in Right Side By Side Position facing LOD

REPEAT





Wand: 0