

# Contrast (P)

Count: 32

Wand: 0

Ebene: Partner

Choreograf/in: Mark Caley (UK) & Jan Caley (UK)

Musik: One Night - J.C. Jones



**Position: Right Side by Side (Sweetheart) facing LOD. Steps are the same for both Man and Lady except where stated**

## WALKS, SHUFFLES FORWARD

- 1-2 Walk forward left, right  
3&4 Left shuffle forward left, right, left  
5-6 Walk forward right, left  
7&8 Right shuffle forward right, left, right

## PIVOT ½ TURN RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD

- 1-2 Step forward on left, pivot ½ turn right  
3-4 Step forward on left, hold

### Now in Left Side By Side Position facing RLOD

- 5-6 Step forward on right, pivot ½ turn left  
7-8 Step forward on right, hold

### Now in Right Side By Side Position facing LOD

## LADY'S FULL TURN RIGHT, SHUFFLE, LADY'S FULL TURN LEFT, SHUFFLE

- 1-2 **MAN:** Step slightly forward left, right  
**LADY:** Turn over right shoulder left, right  
3&4 **MAN:** Left shuffle slightly forward left, right, left  
**LADY:** Left shuffle slightly forward left, right, left

**Counts 1-2 keeping hands together, lady turns under arms to end facing LOD in Right Cross Hand Position**

- 5-6 **MAN:** Step slightly forward right, left  
**LADY:** Turn over left shoulder right, left  
7&8 **MAN:** Right shuffle slightly forward right, left, right  
**LADY:** Right shuffle slightly forward right, left, right

**Counts 5-6 keep both hands together, as lady turns to left, finger tip to finger as lady finishes turn to end facing LOD in Right Side By Side Position**

## PIVOT ½ TURN RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD

- 1-2 Step forward on left, pivot ½ turn right  
3-4 Step forward on left, hold

### Now in Left Side By Side Position facing RLOD

- 5-6 Step forward on right, pivot ½ turn left  
7-8 Step forward on right, hold

### Now in Right Side By Side Position facing LOD

**REPEAT**