

Contagious

Count: 40

Wand: 1

Ebene: Improver

Choreograf/in: Marie "Lilli" Malmgren

Musik: Sex Bomb - Tom Jones & Mousse T.



KICK BALL CHANGE, SHUFFLE, PIVOT, COASTER STEP

- 1&2 Right kick ball change
- 3&4 Shuffle forward right, left, right
- 5 Pivot on left
- 6 Half turn right
- 7&8 Coaster step, right back, left to right, right forward

KICK BALL CHANGE, SHUFFLE, PIVOT, COASTER STEP

- 9&10 Left kick ball change
- 11&12 Shuffle forward left, right, left
- 13 Pivot on right
- 14 Half turn left
- 15&16 Left coaster step

SHUFFLE, ROCK STEP, STEP FORWARD, HIP ROLL

- 17&18 Shuffle to the right, right-left-right
 - 19-20 Rock step back on left
 - 21-24 Step forward on left, hip roll counter clock wise
- Put your hands in front of you and let them go along with the roll**

SHUFFLE, ROCK STEP, STEP FORWARD, HIP ROLL

- 25&26 Shuffle to the left, left-right-left
 - 27-28 Rock step back on right
 - 29-32 Step forward on right, hip roll clock wise
- Put your hands in front of you and let them go along with the roll**

COASTER STEP, CROSS FULL TURN, STEP LEFT, COASTER STEP

- 33&34 Right coaster step
- 35-36 Cross left over right full turn right, facing the same wall again
- 37 Step left foot to left side
- 38 Step right next to left
- 39&40 Left coaster step

REPEAT
