

Comin To Getcha

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Jo Conroy (UK)

Musik: Beware of the Dog - Jamelia



SIDE ROCK CROSS SHUFFLE, SIDE ROCK, BEHIND & STEP

- 1-2 Right side rock, recover on to left
- 3&4 Cross shuffle right over left
- 5-6 Left side rock, recover on to right
- 7&8 Cross left behind right & step to side on right, step left foot forward

FORWARD ROCK & FORWARD ROCK, BACK SHUFFLE, BACK ROCK

- 1-2 Rock forward on to right, recover on to left
- &3-4 Step on the ball of right foot & rock forward on to left, recover on to right
- 5&6 Shuffle back on left
- 7-8 Rock back on to right, recover on to left

KICK & POINT KICK & POINT ¼ TURN & BUMP BUMP

- 1&2 Kick right foot forward & point left toe to left side
- 3&4 Kick left foot forward & point right toe to right side
- 5-6 With weight on left foot ¼ turn right, bend both knees
- 7&8 Bump hips twice (bump & bump keeping weight on left foot)

STEP PIVOT ½ FORWARD SHUFFLE, LEFT FORWARD ROCK & BACK DRAG

- 1-2 Step forward on to right foot, pivot half turn left
- 3&4 Shuffle forward on right (right left right)
- 5-6 Rock forward on to left, recover weight on to right
- 7-8 Take a big step back on to left, drag right to meet left (keep weight on right)

STEP LOCK & HEEL & CROSS STEP ½ CROSS SHUFFLE

- 1-2 Step right foot to right diagonal, lock left behind right
- &3 Step on to ball of right foot, touch left heel to left diagonal
- &4 Step on to left & cross right foot over left
- 5-6 Step side on left, ½ turn right, stepping side on right foot
- 7&8 Cross left shuffle

STEP LOCK & HEEL & CROSS STEP ¾ SHUFFLE

- 1-2 Step right foot to right diagonal, lock left behind right
- &3 Step on to ball of right foot, touch left heel to left diagonal
- &4 Step on to left & cross right foot over left
- 5-6 ¼ turn right stepping back on left foot, ½ turn right stepping forward on right foot
- 7&8 Shuffle forward on left (left right left)

STEP ½ RIGHT SHUFFLE, STEP FULL SHUFFLE

- 1-2 Step right foot forward, pivot ½ turn left
- 3&4 Shuffle forward on to right (right left right)
- 5-6 ½ turn right stepping back on to left, ½ turn right stepping forward on to right
- 7&8 Shuffle forward on left (left right left)

FORWARD ROCK COASTER CROSS, SIDE ROCK BEHIND & CROSS

- 1-2 Rock forward on to right foot, recover on to left

3&4 Step back on right, step left next to right, cross step right over left
5-6 Rock left to left side, recover on to right
7&8 Cross left behind right, side on right & cross step left over right

REPEAT
