Cowboy Rumba

Ebene: Intermediate rumba

Choreograf/in: Linda Eavy (USA) & Dean Eavy (USA)

Musik: You Got the Wrong Man - Tim McGraw

1ST HALF OF RUMBA BOX

Count: 64

1-4 Step forward left, hold, step side right, step together left (slow, quick, quick)

2ND HALF OF RUMBA BOX

5-8 Step back right, hold, step side left, step together right (slow, quick, quick)

CROSS OVER BREAKS

1-4 Step side left, hold, cross right over left and rock forward right, step in place left (slow, quick, quick)

CROSS OVER BREAKS

5-8 Step side right, hold, cross left over right and rock forward left, step in place right (slow, quick, quick)

SAMBA FLICKS - SPIN FULL TURN LEFT WITH 2 STEPS

- 1-2 Turn ¼ left and step forward left starting spin, bring right foot next to left as you complete a ¾ spin left for a total of full turn left.
- &-3-4 Step side left on count "&", point right toe side on count "3", hold count 4

SAMBA FLICKS - SPIN FULL TURN RIGHT WITH 2 STEPS

- 5-6 Turn ¼ right and step forward right starting spin, bring left foot next to right as you complete a ¾ spin right for a total of full turn right.
- &-7-8 Step side right on count "&", point left toe side on count "3", hold count 4

4 SETS OF CHA-CHA-CHA SLOW FORWARD

(Using "Cuban motion" i.e., Hip action)

- 1&2 Step forward left, together right, step forward left
- 3&4 Step forward right, together left, step forward right
- 5-8 Repeat left shuffle and right shuffle forward

FORWARD ROCK, 2 SETS OF CHA-CHA-CHA SLOW BACK, ROCK BACK

- 1-2 Rock step forward left, step in place right
- 3&4 Left shuffle back step back left, together right, step back left
- 5&6 Right shuffle back step back right, together left, step back right
- 7-8 Rock step back left, step in place right

RUMBA BOX

1-4 Step forward left, hold, step side right, step together left (1st half of box-slow, quick, quick)
5-8 Step back right, hold, step side left, step together right (2nd half of box-slow, quick, quick)

SAMBA CHASSES OR 2 WAY COM PASO

- 1&2& Step forward left (whole foot flat), step side right (small step using ball of foot), cross left over right (whole foot flat), step side right,
- 3&4 Cross left over right, step side right, cross left over right
- 5&6& Step back right, step side left, cross right over left, step side left,
- 7&8 Cross right over left, step side left, cross right over left (remember flat, ball-flat footwork)





Wand: 4

RUMBA BOX WITH ¾ TURN LEFT

1-4 Step forward left, hold, step side right, together left (1st half of box-slow, quick, quick)

I know your feet are crossed from the previous pattern-just uncross them as you step forward!

5-8 Step back right, touch left toe behind right (pressing with the ball of left foot) spin ³/₄ left with weight ending up on right foot.

REPEAT