# Cowboy Ridin'



Count: 0 Wand: 1 Ebene: Intermediate/Advanced

Choreograf/in: Michael Diven (USA)

Musik: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: Start on vocals. AB, AB, AA, AB, ENDING

#### **PART A**

# WALK FORWARD RIGHT, LEFT, RIGHT, 1/4 TURN SAILOR, 3/4 TURN SAILOR

1-4 Walk right, left, right, kick left foot forward 5&6 Left sailor step with a ¼ turn to the left

7&8 Right sailor step with a ¾ turn to the right (weight ends on right foot)

## LEFT ROCK, RECOVER, LOCK SHUFFLE BACKWARDS, TOUCH, PIVOT, ROCK, RECOVER

1-2 Rock forward on left foot, recover weight back on right

3&4 Left lock shuffle backwards

5-6 Touch right toe back and pivot ½ turn to right (weight ends on right foot)

7-8 Rock forward on left foot, recover weight back on right

#### LOCK SHUFFLE BACKWARDS, TOUCH, PIVOT, WALK BACKWARDS LEFT, RIGHT, LEFT, HEEL JACKS

1&2 Left lock shuffle backwards

3-4 Touch right toe back and pivot ½ turn to right (weight ends on right foot)

5-7 Walk back left, right, left

&8& Step back on right, touch left heel forward, step left next to right

# WALK RIGHT, LEFT, SHUFFLE, KICK, TOUCH, 34 PIVOT WITH KNEE BEND, 14 TURN RIGHT

1-2 Walk forward right and left

3&4 Right shuffle forward

5-6 Kick left foot forward, touch left toe back

7-8 Pivot ¾ turn left, bending right knee in, turn ¼ turn right (facing original wall, weight on right

foot)

#### **PART B**

## STEP, KNEE BEND, SLIDE, SHUFFLE, ROCK AND RECOVER

1-4 Step left foot to left, bend right knee in, straighten up and slide left foot next to right

5&6 Right shuffle forward

7-8 Rock forward on left, recover weight back on right

# 3/4 SHUFFLE TURN LEFT, SIDE ROCK, SYNCOPATED VINE, SLOW UNWIND

1&2 Left shuffle to left turning \(^3\)4 turn left

3-4 Side rock to right, recover weight back to left

5&6 Cross right behind left, step left to left side, cross right over left

7-8 Slow unwind ¾ to the left

### ROCK, RECOVER, SHUFFLE BACKWARDS, STEP, PIVOT ½ TURN, SHUFFLE BACKWARDS

1-2 Rock right forward, recover weight back on left

3&4 Right shuffle backwards

5-6 Step back left and pivot ½ turn left (weight stays on right foot)

7&8 Left shuffle backwards

#### OUT-OUT, SHUFFLE, STEP, QUICK LOCK, UNWIND, ROCK, RECOVER, 1/2 TURN RIGHT (REPEAT)

1-2 Step out left and right

3&4	Left shuffle forward
5&6&	Step right foot forward, lock left behind right and pivot 1 full turn left
7&8	Rock forward right, recover back to left, ½ turn to right
1-2	Step out left and right
3&4	Left shuffle forward
5&6&	Step right foot forward, lock left behind right and pivot 1 full turn left
7&8	Rock forward right, recover back to left, ½ turn to right

# **ENDING**

After doing Part A 3 times and Part B once you do just the last 8 counts of Part B twice. Dance ends with a full pivot and legs are crossed.