Cowboy Lombada (P)



Count: 16 Wand: 0 Ebene: Partner

Choreograf/in: Unknown

Musik: Black Velvet - Alannah Myles



Position: Second dance position. Using Swing Closed position, the man's left hand and the lady's right hand are held below the lady's waist. The man's right hand is placed on the lady's back. The couple stand with feet apart, lady's right knee "in" against the man's left knee "locking" knees. Knees are bent

MAN'S STEPS

LOMBADA

1	Shift weight left
2	Lift left hip
3	Shift weight right
4	Lift right hip
5	Shift weight left
6	Lift left hip
7	Shift weight right
8	Lift right hip

TURNING VINE: 1/4 TURN FOR MAN, 3/4 TURN FOR LADY

9 Step side left

10 Cross right behind left

11 Turn to 5th position (¼ turn left)

Lead the lady into an underarm turn to her right release right hand

12 Touch right to left

BACK STEPS, TOUCH

13 Place lady's left hand in man's right, step back right

Step back leftStep back right

16 Release lady's left hand and place right hand on lady's back. Touch left foot to side

REPEAT

LADY'S STEPS

LOMBADA

1	Shift weight right
2	Lift right hip
3	Shift weight left
4	Lift left hip
5	Shift weight right
6	Lift right hip
7	Shift weight left
8	Lift left hip

TURNING VINE: 1/4 TURN FOR MAN, 3/4 TURN FOR LADY

9 Step side right

10 Cross left behind right

Turn to 5th position (¼ turn right)

Step forward right, ½ turn right, total ¾ turn right. End facing man

12 Touch left to right

BACK STEPS, TOUCH

13 Step forward left 14 Step forward right 15 Step forward left

Touch right toes forward, place right leg in between man's knees to be in position to start

dance again

REPEAT