

Country Dance

Count: 64

Wand: 1

Ebene:

Choreograf/in: Carol Green (AUS)

Musik: Country State Of Mind - Craig Giles



FORWARD HEEL STRUT, TOE STRUT, TOE STRUT, HEEL STRUT

- 1-2 Touch right heel forward, transfer weight to right foot dropping right toe
3-4 Touch left toe forward, transfer weight to left foot dropping left heel
5-6 Touch right toe forward, transfer weight to right foot dropping right heel
7-8 Touch left heel forward, transfer weight to left foot dropping left toe

FORWARD STEP, TAP & CLAP

- 9-10 Step right foot diagonal forward & right, tap left toe behind right heel & clap

DIAGONAL BACK, TOUCH & CLAP; 3 TIMES

- 11-12 Step left foot diagonal back & left, touch right foot to left foot & clap
13-14 Step right foot diagonal back & right, touch left to right foot & clap
15-16 Repeat beats 11-12

SLOW FORWARD, LOCK; FORWARD, LOCK, FORWARD, BRUSH

- 17-20 Step right foot forward, hold, lock left foot behind right foot, hold
21-23 Step right foot forward, lock left foot behind right foot, step right foot forward
24 Brush left foot forward past right foot

STEP, TAP; TWICE

- 25-26 Step left foot left, tap right toe behind left foot
27-28 Step right foot right, tap left toe behind right foot

SLOW BACK, LOCK; BACK, LOCK, BACK, BRUSH BACK

- 29-32 Step left foot back, hold, lock right foot in front of left foot, hold
33-35 Step left foot back, lock right foot in front of left foot, step left foot back
36 Brush right foot back past left foot

REVERSE ROCKING CHAIR, BACK ROCK 2, STEP, BRUSH

- 37-40 Rock back right foot, recover left foot, rock forward right foot, recover left foot
41-43 Rock back right foot, recover left foot, step forward right foot
44 Brush left foot forward past right foot

SLOW BASKETBALL 2 / CLOSE

- 45-48& Step forward left foot, hold, turning $\frac{1}{2}$ right, recover right foot, hold/close left foot to right foot

4 FORWARD KNEE POPS

- 49-52 Bend right knee forward, hold, straighten right knee and bend left knee forward, hold
53-56 Repeat beats 49-52

Move slightly forward on each knee pop sliding the foot very slightly

SIDE, TAP, SIDE, TAP, TURNING $\frac{1}{4}$ LEFT FORWARD, LOCK, FORWARD, BRUSH

- 57-60 Step left foot left, tap right toe behind left foot, step right foot right, tap left toe behind right foot
61-63 Turning $\frac{1}{4}$ left step forward left foot, lock right foot behind left foot, step forward left foot
64 Brush right foot forward past left foot

REPEAT
