

Count To Three

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Karen Jones (UK)

Musik: Count To 3 - Melinda Schneider



ROCK BACK, ROCK FORWARD, RIGHT HEEL-BALL STEP, ROCK FORWARD, ROCK BACK, RIGHT SHUFFLE BACK

- 1-2 Rock back right, rock forward left
- 3&4 Touch right heel forward, quickly step ball of right back, step left forward (on beats 3&4 clap hands together 3 times)
- 5-6 Rock forward on right, rock back an left
- 7&8 Step right back, step left next to right, step right back

ROCK BACK, ROCK FORWARD, LEFT SHUFFLE FORWARD, PIVOT ½ TURN, RIGHT SHUFFLE FORWARD

- 1-2 Rock back left, rock forward right
- 3&4 Step left forward, step right next to left, step left forward
- 5-6 Step right forward pivot ½ turn left
- 7&8 Step right forward, step left next to right, step right forward

Optional steps for 7&8 - full turning shuffle

ROCK FORWARD, ROCK BACK, LEFT COASTER, ½ TURN RIGHT, RIGHT COASTER

- 1-2 Rock forward left, rock back right
- 3&4 Step left back, step right back, step left forward
- 5-6 Step right forward ¼ right, step left back ¼ turn right (½ turn right)
- 7&8 Step right back, step left back, step right forward

LEFT HEEL-BALL STEP, ROCK FORWARD, ROCK BACK, ¾ TURN SHUFFLE, RIGHT HEEL-BALL STEP

- 1&2 Touch -left heel forward, quickly step ball of left back, step right forward
- 3-4 Rock forward left, rock back on right
- 5&6 Step left back while turning ¼ turn left, step right forward while turning ½ turn left (¾ turn left stepping right, left, right)
- 7&8 Touch right heel forward, quickly step ball of right back, step left forward

REPEAT
