# Count Me In!



Count: 32 Wand: 4 Ebene:

Choreograf/in: Peter Metelnick (UK)

Musik: 5,6,7,8 - Steps



### RIGHT SIDE SHUFFLE, ROCK, RECOVER, LEFT SIDE SHUFFLE, 1/4 RIGHT, ROCK, RECOVER

1	Step right foot to right side
&	Step left foot together
2	Step right foot to right side
3	Step left foot back and rock
4	Recover weight on right foot
5	Step left foot to left side
&	Step right foot together
6	Step left foot to left side

7 Pivot ¼ right on left foot and step right foot back and rock

8 Recover weight on left foot

## KICKIN' IT UP, RIGHT FORWARD, 1/2 LEFT PIVOT TURN, RIGHT JAZZ BOX WITH JUMP

9 Kick right foot forward
& Step right foot together
10 Kick left foot forward
& Step left foot together

### Alternate: low impact steps-instead of kicks, touch heels forward like in the tush push

11 Step right foot forward

12 Pivot ½ left

13 Cross step right foot over left

14 Step left foot back

15 Step right foot to right side

Jump feet together and slightly forward (weight ends on left foot)

You can optionally syncopate the counts from 15-16 to 15&16 by doing 2 small hops forward on counts &16, or hop feet apart on count (&),quickly hop feet together (16)

#### VINE RIGHT WITH DOUBLE CLAP, VINE LEFT WITH 1/4 LEFT AND DOUBLE CLAP

17 Step right foot to right side

18 Cross left foot behind right and step

19 Step right foot to right side

&20 Touch left foot together and clap twice

21 Step left foot to left side

22 Cross right foot behind left and step 23 Step left foot to left side turning ¼ left &24 Touch right foot together and clap twice

Option-roll 1&1/4 left for counts 21-24 ending with double clap

#### **BUMP IT!, THE COUNTDOWN**

25-28 Bump hips right, left, right, left with weight ending on left foot

Option-bump any which way. Use your imagination. Anything goes!

29-32 Walk around in a circle turning ¾ to the right starting with right foot (weight will end on left

foot)

Option-make some noise! Every time the female vocalist sings she will count us in with 5-6-7-8. Have some fun and count in with her as you circle around ¾ to the right)

#### **REPEAT**

