

Crazy Conga

Count: 40

Wand: 0

Ebene:

Choreograf/in: Forty Arroyo (USA)

Musik: Anything With A Conga Beat



For the Order Sons Of Italy In America Salvatore Minichini Lodge #2706

Circle dance. Dancers place hands on the hips of dancer in front of them. Thus a conga line

ROCK & FORWARD AND BACK RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT

- 1&2 Rock forward onto right foot, rock back onto left foot, rock forward onto right foot
- 3&4 Rock forward onto left foot, rock back onto right foot, rock forward onto left foot
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

SHUFFLE, STOMP, KICK, SHUFFLE, STOMP, KICK

- 1&2 Shuffle forward right-left-right
- 3-4 Stomp left foot, kick right foot out to side, turning head to right
- 5&6 Repeat 1&2
- 7-8 Repeat 3, 4

Just for fun, yell out a BIG "UH" when kicking

PIVOT ¼ LEFT, PIVOT ¼ LEFT, WALK, WALK, WALK, KICK

- 1-4 Step forward onto right foot, pivot ¼ turn to left, repeat for 3, 4 (release hands)
- 5-8 Walk forward right, left, right, kick left foot to side - turning head left (replace hand on hips)
- 9-12 Walk forward left, right, left, kick right foot to side - turning head right
- 13-16 Walk forward right, left, right, kick left foot to side - turning head left

Just for fun, yell out a BIG "UH" when kicking

WALK, WALK, WALK, KICK, STAMP, STOMP, HIP ROLLS

- 1-4 Walk forward left, right, left, kick right foot to side - turning head right
- 5-8 Stamp right foot next to left foot, stomp right foot next to left foot, roll hips counter to the right for two counts

REPEAT