

Cowgirl Dreams

Count: 72

Wand: 4

Ebene: Intermediate

Choreograf/in: Vic Woolnough (UK) & Carla Woolnough (UK)

Musik: Catalog Dreams - Joni Harms



HITCHES WITH THIGH SLAPS, COASTER STEP, HOLD

- 1-2 Touch right to right side, hitch right knee across left and slap right thigh with left hand
3-4 Touch right to right side, hitch right knee across left and slap right thigh with left hand
5-8 Step back right, step left beside right, step forward right, hold

HITCHES WITH THIGH SLAPS, COASTER STEP, HOLD

- 9-10 Touch left to left side, hitch left knee across right and slap left thigh with right hand
11-12 Touch left to left side, hitch left knee across right and slap left thigh with right hand
13-16 Step back left, step right beside left, step forward left, hold"

HEEL TOUCH, TOE TOUCH, HEEL TOUCH, TOE SLAP, HEEL TAPS, TOE DIGS

- 17-18 Touch right heel forward, hook right across left touching right toe to floor
19-20 Touch right heel forward, slap right toe down raising right heel
21-22 Tap right heel twice (weight on right)
23-24 Dig left toe back twice (while leaning forward)

Dancers wearing hats may like to touch the brim when leaning forward and digging their left toe on steps 23-24

¼ TURN, ¼ TURN, JAZZ BOX

- 25-26 Step forward left, turn ¼ right
27-28 Step forward left, turn ¼ right
29-30 Cross left over right, step back on right
31-32 Step left to left side, touch right beside left

TOE STRUTS TWICE, ¼ TURN, HOLD, ½ TURN, HOLD

- 33-36 Right toe strut, left toe strut
37-38 Step ¼ right on right, hold
39-40 Pivot ½ turn right on ball of right stepping back on left, hold

¼ TURN INTO SIDE CLOSE SIDE, HOLD, CROSS ROCK, TOGETHER, HOLD

- 41-42 Pivot ¼ turn right on ball of left stepping right to right side, step left beside right
43-44 Step right to right side, hold
45-46 Cross left over right, rock back on right
47-48 Step left beside right, hold

CROSS ROCK, TOGETHER, HOLD, CROSS UNWIND ¾

- 49-50 Cross right over left, rock back on left
51-52 Step right beside left, hold
53-56 Cross left over right, unwind ¾ turn right (weight ending on left)

LOCK STEP, HOLD, TRIPLE FULL TURN, HOLD

- 57-60 Step forward right, lock left behind right, step forward right, hold
61-64 Triple full turn over right shoulder stepping left, right, left, hold

LOCK STEP, HOLD, TRIPLE FULL TURN, HOLD

- 65-68 Step forward right, lock left behind right, step forward right, hold
69-72 Triple full turn over right shoulder stepping left, right, left, hold

REPEAT

TAG

The tag is danced once after the 4th wall (i.e., facing front wall)

RUMBA BOX

1-4 Step right to right side, step left beside right, step forward right, hold

5-8 Step left to left side, step right beside left, step back left, hold

FINISH

The dance ends nicely on the 16th count of the 7th wall. This can be done with a little style by dipping on the 15th count with the left knee well bent, and stretching left arm forward and right arm back, (or touching the brim if wearing a hat) and holding on the 16th count.
