

Cowgirl Catcher

COPPER **NOB**
BY STEPHANIE

Count: 40

Wand: 0

Ebene:

Choreograf/in: Unknown

Musik: Rock My World - Brooks & Dunn



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- | | |
|-------|---|
| 1-4 | Right vine, lift arms and pull |
| 5-8 | Left vine, lift arms and pull |
| 9-12 | Right twirling vine |
| 13-16 | Left twirling vine |
| 17-20 | Walk forward, right, left, right, left |
| 21-24 | Walk backward left, right, left, right |
| 25 | Bump right putting right hand on right butt cheek |
| 26 | Bump left, putting left hand on left butt cheek |
| 27 | Bump right, putting right hand behind your neck |
| 28 | Bump left putting left hand behind your neck |

WOMEN

- | | |
|-------|---|
| 29-32 | Circle your hips to the right twice for 4 beats |
|-------|---|

MEN

- | | |
|-------|--|
| 29-32 | Push you pelvis forward and back twice for 4 beats |
|-------|--|

- | | |
|-------|--|
| 33-34 | Two right heels forward |
| 35-36 | Two right toes back |
| 37-40 | Right heel forward, side, hitch behind, ¼ turn left slapping your foot at the side |

REPEAT
