

Cowgirl Blues

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Jacqui Cargill (UK)

Musik: Men - The Forester Sisters



GRAPEVINE RIGHT AND LEFT

- 1-4 Step to side on right, cross left behind right, step to side on right, close with left
5-8 Step to side on left, cross right behind left, step to side on left, close with right

HIP SWAYS RIGHT AND LEFT, GRIND

- 9-10 Sway hips to the right
11-12 Sway hips to the left
13-16 Grind/roll hips right, left, right, left

HEEL BUMP ½ TURN LEFT, TOE TOUCHES

- 17-18 Step forward on right and bump right heel
19-20 On ball of right heel bump twice and pivot half turn left
21-22 Point right toe to right side, close to right side
23-24 Point left toe to left side, close to left side

TOE STRUTS TRAVELING LEFT

- 25-26 Cross right toe over left, drop right heel
27-28 Touch left toe to left side, drop left heel
29-30 Cross right toe over left, drop right heel
31-32 Touch left toe to left side, drop left heel

REPEAT
