

Cowgirl Attitude

Count: 208

Wand: 2

Ebene:

Choreograf/in: Elspeth Allen (CAN)

Musik: Any Man of Mine - Shania Twain



Dance to be performed with "Haughty Attitude". Begin with instrumental introduction

ROCK FORWARD, STOMP, STOMP, PAUSE

- 1 Rock forward on right foot on ball of foot (swinging knee in and back out)
- 2 Stomp left foot in place
- 3 Stomp right foot home
- 4 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 5 Rock forward on left foot on ball of foot only (swinging knee in and back out)
- 6 Stomp right foot in place
- 7 Stomp left foot home
- 8 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 9 Rock forward on right foot on ball of foot (swinging knee in and back out)
- 10 Stomp left foot in place
- 11 Stomp right foot home
- 12 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 13 Rock forward on left foot on ball of foot only (swinging knee in and back out)
- 14 Stomp right foot in place
- 15 Stomp left foot home
- 16 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 17 Rock forward on right foot on ball of foot (swinging knee in and back out)
- 18 Stomp left foot in place
- 19 Stomp right foot home
- 20 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 21 Rock forward on left foot on ball of foot only (swinging knee in and back out)
- 22 Stomp right foot in place
- 23 Stomp left foot home
- 24 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 25 Rock forward on right foot on ball of foot (swinging knee in and back out)
- 26 Stomp left foot in place
- 27 Stomp right foot home
- 28 Pause

ROCK FORWARD, STOMP, STOMP, PAUSE

- 29 Rock forward on left foot on ball of foot only (swinging knee in and back out)
- 30 Stomp right foot in place

31 Stomp left foot home
32 Pause

SCUFF, HITCH/SLAP, STOMP, PULL DOWN BRIM OF HAT

33-34 Scuff right foot (2 counts)
35-36 Hitch right leg and slap knee (2 counts)
37-38 Stomp right foot (2 counts)
39-40 Pull down brim of hat with right hand (2 counts)

GRAPEVINE RIGHT, HITCH

41 Step right on right foot
42 Cross left foot behind right foot
43 Step right on right foot
44 Hitch left leg

GRAPEVINE LEFT, HITCH

45 Step left on left foot
46 Cross right foot behind left foot
47 Step left on left foot
48 Hitch right leg

STEP, SLIDE, STEP, HITCH

49 Step forward on right heel
50 Slide left foot forward
51 Step forward on right heel
52 Hitch left leg

STEP, SLIDE, STEP, HITCH

53 Step forward on left heel
54 Slide right foot forward
55 Step forward on left heel
56 Hitch right leg

HEEL, TOE, ½ TURN

57-58 Touch right heel out to right side (2 counts)
59-60 Cross right foot in front of left touching toe (2 counts)
61-65 Turn ½ turn to the left (4 counts)

GRAPEVINE RIGHT, HITCH

66 Step right on right foot
67 Cross left foot behind right foot
68 Step right on right foot
69 Hitch left leg

GRAPEVINE LEFT, HITCH

70 Step left on left foot
71 Cross right foot behind left foot
72 Step left on left foot
73 Hitch right leg

STEP, SLIDE, STEP, HITCH

74 Step forward on right heel
75 Slide left foot forward
76 Step forward on right heel

77 Hitch left leg

STEP, SLIDE, STEP, HITCH

78 Step forward on left heel
79 Slide right foot forward
80 Step forward on left heel
81 Hitch right leg

HEEL, TOE, ½ TURN

82-83 Touch right heel out to right side (2 counts)
84 Cross right foot in front of left touching toe (2 counts)
85-88 Turn ½ turn to the left (4 counts)

HEEL, CROSS

89-90 Touch right heel out to right side (2 counts)
91-92 Cross right foot in front of left touching toe (2 counts)

HEEL, TOE, STOMP, PAUSE

93 Touch right heel forward
94 Touch right toe out to right side turning knee in
95 Stomp right foot home
96 Pause

HEEL, CROSS

97-98 Touch left heel out to left side (2 counts)
99-100 Cross left foot in front of right touching toe (2 counts)

HEEL, TOE, STOMP, PAUSE

101 Touch left heel forward
102 Touch left toe out to left side turning knee in
103 Stomp left foot home
104 Pause

SCUFF, HITCH, STOMP, STOMP

105-106 Scuff right foot (2 counts)
107-108 Hitch right leg and slap knee (2 counts)
109-110 Stomp right foot (2 counts)
111-112 Stomp left foot (2 counts)

HEEL, TOE, SIDE LUNGE, SLIDE

113-114 Touch right heel out to right side (2 counts)
115-116 Cross right foot in front of left touching toe (2 counts)
117-118 Step to right on right foot with knee bent and slight lunge (2 counts)
119-120 Slide left foot home (2 counts)

HEEL, TOE, SIDE LUNGE, SLIDE

121-122 Touch left heel out to left side (2 counts)
123-124 Cross left foot in front of right touching toe (2 counts)
125-126 Step to left on left foot with knee bent and slight lunge (2 counts)
127-128 Slide right foot home (2 counts)

ROCK STEP FORWARD, ROCK STEP BACK

129-130 Rock forward on right foot (2 counts)
131-132 Step back on left foot (2 counts)

133-134 Rock back on right foot (2 counts)
135-136 Step forward on left foot (2 counts)

ROCK STEP FORWARD, ROCK STEP BACK

137 Rock forward on right foot
138 Step back on left foot
139 Rock back on right foot
140 Step forward on left foot

STEP, SLIDE, STEP, HITCH

141 Step forward on right heel
142 Slide left foot forward
143 Step forward on right heel
144 Hitch left leg

STEP, SLIDE, STEP, HITCH

145 Step forward on left heel
146 Slide right foot forward
147 Step forward on left heel
148 Hitch right leg

STEP, SLIDE, STEP, HITCH

149 Step forward on right heel
150 Slide left foot forward
151 Step forward on right heel
152 Hitch left leg

STEP, SLIDE, STEP, HITCH

153 Step forward on left heel
154 Slide right foot forward
155 Step forward on left heel
156 Hitch right leg

ROCK STEP BACK, ROCK STEP FORWARD

157-158 Rock back on right foot (2 counts)
159-160 Step forward on left foot (2 counts)
161-162 Rock forward on right foot (2 counts)
163-164 Step back on left foot (2 counts)

ROCK STEP BACK, ROCK STEP FORWARD

165 Rock back on right foot
166 Step forward on left foot
167 Rock forward on right foot
168 Step back on left foot

BACK, SLIDE, BACK, HITCH

169 Step back on right foot
170 Slide left foot back on heel
171 Step back on right foot
172 Hitch left leg

BACK, SLIDE, BACK, HITCH

173 Step back on left foot
174 Slide right foot back on heel

175 Step back on left foot
176 Hitch right leg

BACK, SLIDE, BACK, HITCH

177 Step back on right foot
178 Slide left foot back on heel
179 Step back on right foot
180 Hitch left leg

BACK, SLIDE, BACK, HITCH

181 Step back on left foot
182 Slide right foot back on heel
183 Step back on left foot
184 Hitch right leg

ROCK STEP BACK, ROCK STEP FORWARD

185-186 Rock back on right foot (2 counts)
187-188 Step forward on left foot (2 counts)
189-190 Rock forward on right foot (2 counts)
191-192 Step back on left foot (2 counts)

ROCK STEP BACK, ROCK STEP FORWARD

193 Rock back on right foot
194 Step forward on left foot
195 Rock forward on right foot
196 Step back on left foot

STOMPS

197-198 Stomp right foot (2 counts)
199-200 Stomp left foot (2 counts) (feet apart)

HEEL, TOE, ½ TURN

201-202 Touch right heel out to right side (2 counts)
203-204 Cross right foot in front of left touching toe (2 counts)
205-208 Turn ½ turn to the left (4 counts)

REPEAT STEPS 17-208 - TWICE

REPEAT STEPS 1-32

Steps 1-32 to be performed during instrumental introduction and repeated during instrumental closing. Dance should begin and end in time with music
