# Dancin'



Count: 68 Wand: 1 Ebene: Intermediate

Choreograf/in: Iris M. Mooney (USA)

Musik: Dancin', Shaggin' On the Boulevard - Alabama



The music reminds me of my single days when it was the era of the big bands and there was a swaying "Swing & Sway with Sammy Kaye" and this music makes me want to swing and sway.

## OUT-OUT, LEFT CROSS, UNWIND, SIDE SHUFFLE, SWAYS

Step left foot to left side
Step right foot to right side
Cross left foot over right foot
turn right on ball of left foot
Shuffle to the right (right-left-right)

Sway left hip to leftSway right hip to right

## SIDE SHUFFLE LEFT, SWAYS, OUT-OUT RIGHT CROSS, UNWIND

9-10 Shuffle to left (left-right-left)

Sway hips to right
Sway hips to left
Step right foot to right
Step left foot to left

14 Cross right foot over left foot 15&16 ½ turn left on ball of left foot

### TRAVELING BALL-CHANGE (TO LEFT SIDE) WITH FULL TURN RIGHT

17 (Traveling to left side) cross step right foot over left foot

& Step ball of left foot behind right foot

18 (Traveling to left side) cross right foot over left foot

& Step on ball of left foot behind right foot

19 Cross right foot over left foot

& Step ball of left foot behind right foot

20 Cross right foot over left foot 21 Lunge left foot slightly to left side 22-24 (Traveling right) 3 step turn right

## TRAVELING BALL-CHANGE (TO RIGHT SIDE) WITH FULL TURN LEFT

25 (Traveling to right side) cross step left foot over right foot

& Step ball of right foot behind left foot

26 (Traveling right) cross left foot over right foot& Step on ball of right foot behind left foot

27 Cross right foot over left foot

& Step ball of right foot behind left foot

28 Cross left foot over right foot 29 Lunge right foot slightly to right 30-32 (Traveling left) 3 step turn left

## SWAY RIGHT & LEFT, SHUFFLE IN PLACE

Sway right foot to right side Sway left foot to left side 35&36 Shuffle in place (right-left-right)

Don't rush the steps. Feel the mood of the music and really sway the steps. Steps 37 to 68 fit the words to the dancin' & shaggin' on the boulevard sequence.

### ROCKS, 1/2 TURN LEFT SHUFFLES, SWAY WALKS

Rock forward left footStep in place right foot

39&40 Shuffle ½ turn left (left-right-left)

On sway slide walks and shuffles, pretend you are dancing and keep feet close, moving forward

Sway slide walk forward right foot Sway slide walk forward left foot

Shuffle forward right-left-right (swaying motion, 45 degrees right)

Shuffle forward left-right-left (swaying motion, 45 degrees left)

47 Sway slide walk forward right foot48 Sway slide walk forward left foot

Shuffle forward right-left-right (swaying motion, 45 degrees right)
Shuffle forward left-right-left (swaying motion, 45 degrees left)

### ROCKS, 1/2 TURN RIGHT, WALKS & SHUFFLES

Rock forward right foot 54 Step in place left foot

55&56 Shuffle ½ turn right (right-left-right)

On sway slide walks and shuffles, pretend you are dancing and keep feet close, moving forward

57 Sway slide walk forward left foot 58 Sway slide walk forward right foot

59&60 Shuffle forward left-right-left (swaying motion, 45 degrees left)
61&62 Shuffle forward right-left-right (swaying motion, 45 degrees right)

Sway slide walk forward left foot Sway slide walk forward right foot

Shuffle forward left-right-left (swaying motion, 45 degrees left)
Shuffle forward right-left-right (swaying motion, 45 degrees right)

#### **REPEAT**