## Dance Above The Rainbow (P)

Count: 64
Wand: 0
Ebene: Partner
Choreograf/in: Claire Waugh (UK)
Musik: Swing Swing Highland Fling - The Sporran Brothers

Position: Start with man facing OLOD lady facing ILOD hading both hands

## MAN

SIDE SHUFFLE \& ROCK STEPS (HOLDING BOTH HANDS IN FRONT)
1\&2 Side shuffle left stepping left-right-left
3-4 Rock back on right, recover onto left
5\&6 Side shuffle right stepping right-left-right
7-8 Rock back on left, recover onto right

SIDE SHUFFLE $1 / 4$ TURN, PIVOT $1 ⁄ 2$ TURN, $1 ⁄ 4$ TURN SIDE SHUFFLE \& ROCK STEPS
$1 \& 2 \quad$ Side shuffle to left making $1 / 4$ turn left stepping left-right-left
3-4 Step forward right, pivot $1 / 2$ turn left
$5 \& 6 \quad$ Side shuffle right making $1 / 4$ turn right stepping right-left-right
7-8 Rock back on left, recover onto left

SHUFFLE FORWARD, (CHANGING PLACES), ROCK \& RECOVER, ROCK \& CROSS STEPS
$1 \& 2 \quad$ Left shuffle forward turning $1 / 2$ turn left stepping left-right-left
Change places with each other: man is now on inside \& lady on outside, release both hands. Raise hands, man's left lady's right, as lady turns under arm
3-4 Rock back on right, recover onto left
Regain double hand hold in front before you rock \& cross
5\&6 Rock right to right side, step left in place
Cross right over left
7\&8 Rock left to left side, step right in place, cross left over right

SIDE SHUFFLE \& ROCK STEPS, SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN
1\&2 Side shuffle right stepping right-left-right
3-4 Rock back on left, recover onto right
$5 \& 6 \quad$ Side shuffle to left making $1 / 4$ turn left stepping left-right-left
7-8 Step forward right, pivot $1 / 2$ turn left
Release hold of inside hands as you start to turn outwards away from partner
SHUFFLE FORWARD, FULL TURN OUTWARDS, SHUFFLE FORWARD FULL TURN INWARDS
1\&2 Right shuffle forward
Rejoin hold of inside hands when shuffling forward
3-4 Full outward turn right stepping left-right
Release inside hands as you turn outwards away from partner
Option - two walks forward may be substituted for those who don't wish to turn
5\&6 Left shuffle forward
7-8 Full inward turn stepping right-left
Release hold of inside hands as you turn inwards toward your partner
Option - two walks forward may be substituted for those who don't wish to turn

## $1 ⁄ 4$ TURN SIDE SHUFFLE \& ROCK STEPS, SHUFFLE FORWARD (CHANGING PLACES) ROCK \& RECOVER <br> 1\&2 Side shuffle right making $1 / 4$ turn right stepping right-left-right <br> 3-4 Rock back on left, recover onto right <br> $5 \& 6 \quad$ Left shuffle forward turning $1 / 2$ turn right, stepping left-right-left

Change places with each other: man is now on outside \& lady on inside, release hands, mans right lady's left, raise hands man's left \& lady's right as man turns under arm
7-8 Rock back on right, recover onto left
ROCK \& CROSS STEPS, SIDE SHUFFLE $1 / 4$ TURN, PIVOT $1 ⁄ 2$ TURN

| $1 \& 2$ | Rock right to right side, step left in place, cross right over left |
| :--- | :--- |
| $3 \& 4$ | Rock left to left side, step right in place, cross left over right |

Regain double hand hold in front before you rock \& cross
5\&6 Side shuffle right making $1 / 4$ turn right stepping right-left-right
7-8 Step forward left, pivot $1 / 2$ turn right
Release hands as you start turn outwards away from partner

## SHUFFLE FORWARD, FULL TURN OUTWARD, FULL TURN OUTWARDS, ROCK RECOVER, ¼ TURN ROCK \& CROSS STEP

1\&2 Left shuffle forward
Rejoin hold of inside hands when shuffling forward
3-4 Full outward turn left stepping right-left
Release inside hands as you turn outwards away from partner
Option - two walks forward may be substituted for those who don't wish to turn
5-6 Rock forward on right, recover onto left
Regain hold of inside hands as you rock forward and recover
7\&8 Rock right to right side making $1 / 4$ turn back to right, step left in place, cross right over left
Release inside hands as you make $1 / 4$ turn $\&$ then regain double hand hold in front before you rock \& cross

## REPEAT

LADY
SIDE SHUFFLE \& ROCK STEPS (HOLDING BOTH HANDS IN FRONT)
1\&2 Side shuffle right right-left-right
3-4 Rock back on left, recover onto right
5\&6 Side shuffle left left-right-left
7-8 Rock back on right, recover onto left
SIDE SHUFFLE $1 / 4$ TURN, PIVOT $1 ⁄ 2$ TURN, $1 ⁄ 4$ TURN SIDE SHUFFLE \& ROCK STEPS
1\&2 Side shuffle to right making $1 / 4$ turn right stepping right-left-right
3-4 Step forward left, pivot $1 / 2$ turn right
5\&6 Side shuffle left making $1 / 4$ turn left stepping left-right-left
7-8 Rock back on right, recover onto left
SHUFFLE FORWARD, (CHANGING PLACES), ROCK \& RECOVER, ROCK \& CROSS STEPS
$1 \& 2 \quad$ Right shuffle forward making $1 / 2$ turn right stepping right-left-right
Change places with each other: man is now on inside \& lady on outside, release both hands man's right lady's
left, raise hands, man's left lady's right as lady turns under arm
3-4 Rock back on left, recover onto right
Regain double hand hold in front before you rock \& cross
5\&6 Rock left to left side, step right in place, cross left over right
$7 \& 8 \quad$ Rock right to right side, step left in place, cross right over left
SIDE SHUFFLE \& ROCK STEPS, SIDE SHUFFLE $1 / 4$ TURN, PIVOT $1 ⁄ 2$ TURN
1\&2 Side shuffle left stepping left-right-left
3-4 Rock back on right, recover onto left
5\&6 Side shuffle right making $1 / 4$ turn right stepping right-left-right
7-8 Step forward left, pivot $1 / 2$ turn right
Release hold of inside hands as you start to turn outwards away from partner

Release inside hands as you turn outwards away from partner
Option - two walks forward may be substituted for those who don't wish to turn
5\&6 Right shuffle forward
7-8 Full inward turn stepping left-right
Release hold of inside hands as you turn inwards toward your partner
Option - two walks forward may be substituted for those who don't wish to turn
¼ TURN SIDE SHUFFLE \& ROCK STEPS, SHUFFLE FORWARD (CHANGING PLACES) ROCK \&
RECOVER
$1 \& 2 \quad$ Side shuffle left making $1 / 4$ turn left stepping left-right-left
3-4 Rock back on right, recover onto left
5\&6 Right shuffle forward making $1 / 2$ turn left, stepping right-left-right
Change places with each other: man is now on outside \& lady on inside, release hands, mans right lady's left, raise hands man's left \& lady's right as man turns under arm
7-8 Rock back on left, recover onto right
ROCK \& CROSS STEPS, SIDE SHUFFLE $1 / 4$ TURN, PIVOT $1 ⁄ 2$ TURN
$1 \& 2 \quad$ Rock left to left side, step right in place, cross left over right
$3 \& 4 \quad$ Rock right to right side, step left in place, cross right over left
Regain double hand hold in front before you rock \& cross
5\&6 Side shuffle left making $1 / 4$ turn left stepping left-right-left
7-8 Step forward right, pivot $1 / 2$ turn left
Release hands as you start turn outwards away from partner
SHUFFLE FORWARD, FULL TURN OUTWARD, FULL TURN OUTWARDS, ROCK RECOVER, ¼ TURN ROCK \& CROSS STEP
1\&2 Right shuffle forward
3-4 Full outward turn right stepping left-right
Release inside hands as you turn outwards away from partner
Option - two walks forward may be substituted for those who don't wish to turn
5-6 Rock forward on left, recover onto right regain hold of inside hands as you rock forward and recover
7\&8 Rock left to left side making $1 / 4$ turn back to left, step right in place, cross left over right
Release inside hands as you make $1 / 4$ turn \& then regain double hand hold in front before you rock \& cross
REPEAT

