

D.A.M. Shuffle

Count: 56

Wand: 4

Ebene:

Choreograf/in: Deborah O'Hara (CAN)

Musik: Darned If I Do, Danged If I Don't - Shenandoah



FORWARD SHUFFLES, ROCK STEP

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5-6 Rock forward on right foot; rock back on left foot

BACKWARD SHUFFLES, ROCK STEP

- 7&8 Shuffle back right-left-right
- 9&10 Shuffle back left-right-left
- 11-12 Rock back on right foot; rock forward on left foot

HALF-PIVOT, HALF-PIVOT, ¼ PIVOT, STOMP, CLAP

- 13-14 Step forward on right foot; pivot 2 turn to the left
- 15-16 Step forward on right foot; pivot 2 turn to the left
- 17-18 Step forward on right foot; pivot ¼ turn to the left
- 19-20 Stomp right foot; clap hands

HEEL SWITCHES WITH HOLD COUNTS

- 21-22 Touch right heel forward; hold a count
- 23-24 Switch feet: bring right foot home and touch left heel forward; hold a count
- 25-26 Switch feet: bring left foot home and touch right heel forward; hold a count
- 27-28 Switch feet: bring right foot home and touch left heel forward; hold a count

HEEL SWITCHES (QUICK COUNT), STEP, SLIDE

- 29 Switch feet: bring left foot home and touch right heel forward
- 30 Switch feet: bring right foot home and touch left heel forward
- 31 Switch feet: bring left foot home and step long forward on right foot
- 32 Slide left foot up to right

TUSH PUSH HIP BUMPS

- 33-36 Bump right hip forward twice; bump left hip back twice
- 37-40 Roll hips forward, back, forward, back

SHUFFLE, ½ PIVOT, SHUFFLE, STOMPS,

- 41&42 Shuffle forward right-left-right
- 43-44 Step forward on left foot; pivot ½ turn to the right
- 45&46 Shuffle forward left-right-left
- 47-48 Stomp right foot; stomp left

MONTEREY TURNS

- 49-50 Touch right toe to right side; turn ½ to the right on left foot
- 51-52 Touch left toe to left side; bring left foot home
- 53-56 Repeat steps 49 through 52

REPEAT