

Dirty Dancing

Count: 36

Wand: 2

Ebene: Improver line/contra dance

Choreograf/in: Pat Reynolds (UK) & Amanda Reynolds (UK)

Musik: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



SIDE ROCK, RECOVER, CHA-CHA

- 1 Rock to the left side on left foot
- 2 Rock back in place on the right foot
- 3&4 Cha-cha-cha on the spot stepping left, right, left

SIDE ROCK, RECOVER, CHA-CHA

- 5 Rock to the right side on right foot
- 6 Rock back in place on left foot
- 7&8 Cha-cha-cha on the spot stepping right, left, right

FORWARD ROCK, RECOVER, CHA-CHA

- 9 Rock forward on left foot
- 10 Rock back in place on right foot
- 11&12 Cha-cha-cha on the spot stepping left, right, left

BACK ROCK, RECOVER, CHA-CHA

- 13 Rock back on right foot
- 14 Rock forward on left foot
- 15&16 Cha-cha-cha on the spot stepping right, left, right

STEP, PIVOT ½, STEP, PIVOT ½

- 17 Step forward on left foot
- 18 Pivot ½ turn to the right
- 19 Step forward on left foot
- 20 Pivot ½ turn to the right

GRAPEVINE LEFT, TOUCH/CLAP

- 21 Step to the left on left foot
- 22 Cross right foot behind left
- 23 Step to the left on left foot
- 24 Touch right toe next to left and clap

GRAPEVINE RIGHT, TOUCH/CLAP

- 25 Step to the right on right foot
- 26 Cross left foot behind right
- 27 Step to the right on right foot
- 28 Touch left toe next to right and clap

¼ TURN, KICK, ¼ TURN WITH FLICK, STOMP

- 29 Step ¼ turn to the left on left foot
- 30 Kick right foot forward
- 31 Pivot ¼ turn to the left on left foot and flick right heel back at the same time
- 32 Stomp right foot next to left

HIP ROLLS (OR HIP BUMPS)

- 33-36 Roll hips in a circular motion to the left (two full rolls)
- An alternative move to the hip rolls is Bump the hips left, right, left, right

REPEAT
